

**SAN DIEGO COUNTY SWISS CLUB**



**CONGRATULATIONS ON THE  
64<sup>TH</sup> ANNUAL SCHWINGFEST**

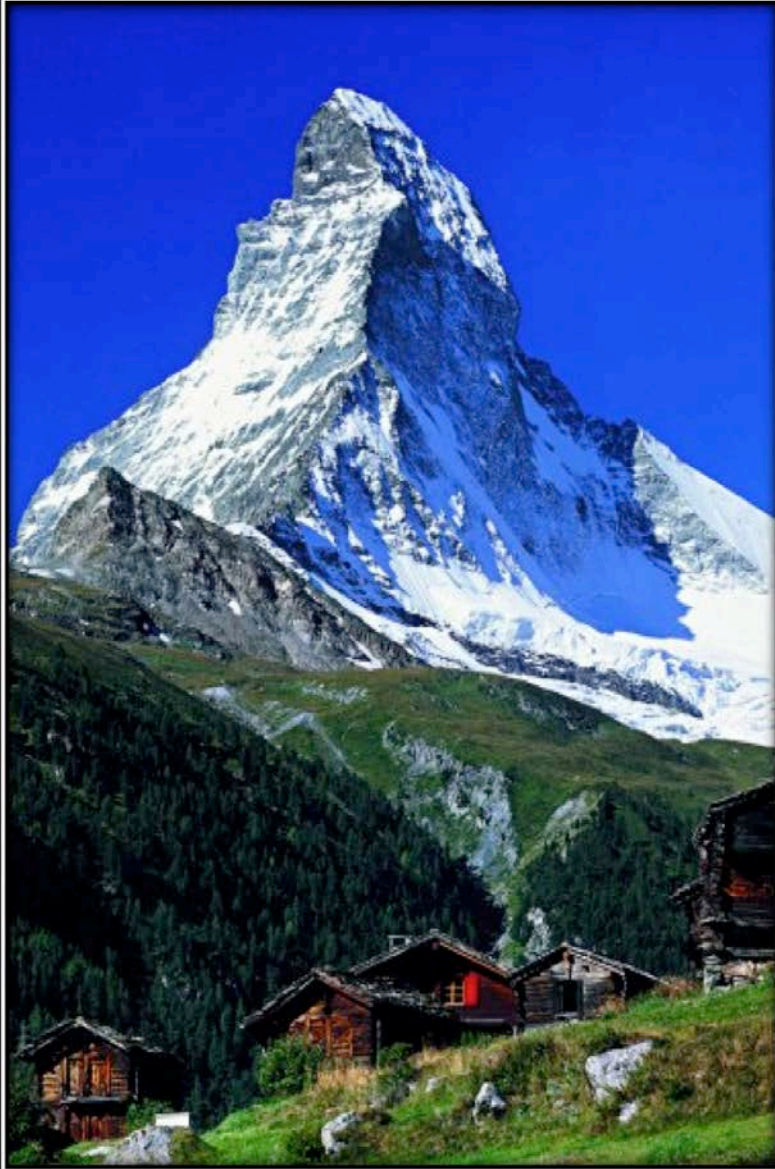
**BOB and ESTELA EGGER**

**SAN DIEGO COUNTY  
SWISS PARK**



**64<sup>TH</sup> ANNUAL SCHWINGFEST  
JUNE 22, 2013**





**Congratulations on your  
64<sup>th</sup> Annual Schwingfest!  
Max & Hedy Buchmann**

**Best Wishes for a Successful  
Schwingfest!**



**The Klemm's**

**Mancie Klemm  
Ernie Jr. - Kris - Ely - Karlee  
Rob & La Don - Brandon - Kyle  
Heidi - Mike - Jordan**



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Website at [www.SDSwissClub.com](http://www.SDSwissClub.com)



# A Message from the Board



Fred Lehmann, Steve Egger, Karen Odermatt, Tina Duenez, Tony Odermatt, Margot Linback, Daniel Vanetti, Debbie Morris and Ruedi Lusti

The Board of Directors of the San Diego County Swiss Park would like to welcome you to our 64<sup>th</sup> Annual Schwingfest. It is with much pride that we are able to continue this wonderful tradition. We are forever grateful to our previous generations for having the forethought and ability to provide such a lovely setting. Many things have changed but the enthusiasm and traditions for Schwingen remain constant. We are so glad to have you here with us today.

We continue to improve upon the park and facilities. We hope you enjoy your day here and feel free to take a look around at all the changes. We have refurbished the indoor restrooms and have upgraded many parts of the hall.

Again, welcome and enjoy a wonderful day at the “Schwingfest by the Beach”!

**A Message from the President  
of the West Coast  
Swiss Wrestling Association  
Tony Odermatt**



As President of both the San Diego County Swiss Club and the West Coast Swiss Wrestling Association, it is my dual pleasure to welcome you to this annual wrestling event at my home club. As we enter the 56<sup>th</sup> year of the West Coast Swiss Wrestling Association, I would like to encourage everyone to keep this tradition an important part of our lives.

At each Swiss Club on the West Coast, it takes many people, and many hours, to make an event such as this happen. I would like to thank the volunteers that donate their time and the members that donate their money, as well as the wrestlers who have the love and dedication for the Swiss style wrestling.

The championship rotates between five clubs in the Association. In 2013, it will be held on July 20<sup>th</sup> in Truckee, CA. The championship is the premier Schwingen event of the year and draws wrestlers and supporters from all over the West Coast. It is a great way to meet old friends and make new ones.

Please try to attend – you won't regret it.

**PAUL & MARILYN PLUSS**

**MARGARET BOURDETTE**

**Dylan, Ryan, Cassie**

**PAUL DAVID & DEBBIE PLUSS**

**Travis & Tyler**



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## Good Luck Schwingers! The Egger Family

David and Peggy  
Natalie, Marco, River and Harper  
Jordan, Nathan  
Greg & Anne  
Zach



## San Diego County Swiss Club History

The San Diego County Swiss Club officially formed as a group in 1939. The Club's original Board of Directors were:

President	Paul Aeschliman
Vice President	Robert Egger, Sr.
Treasurer	Theodore Blatter
Recording Secretary	Walter Suter
Corresponding Secretary	Leo Arnold
Director	John Kastlunger
Director	John Christen

Although they are no longer with us, their spirit lives on today. It is in their descendants and the many Swiss who have immigrated to this country to pass Swiss tradition and heritage to future generations.

The site for the very first Schwingfest, held in 1949, was Eggers' Park. In 1953, the club purchased from Robert Egger, Sr., the land that our park currently sits upon. In 1957, pulling resources together, the club built a great hall

Due to the expansion of the freeway, it was necessary to build a new hall. The beautiful hall used today was built in 1970. Today, after six decades of club activities, the tradition lives on with many thanks and fond memories of our founding fathers.

**Swiss Motto:**  
"Einer Fur Alle und Alle Fur Einer"  
"One for all and all for one."



From Left to Right: L. Leu, R. Heimers, J. Hofer  
Cooking: J. Christen, Blanche Aeschlimann, Berta Suter

## 2013 WCSWA Schwingfest Schedule

April 13	Holtville, CA.- Imperial Valley Swiss Club Contact: Susan Muller Omlin 760-356-5335
June 1	Newark, CA – Aelpler Gruppe Swiss Club 5911 Mowry Ave., Newark, CA 94560 Contact: Kurt Clausen 650-996-0151 www.swissparknewark.com
June 8	Ripon, CA – San Joaquin Valley Swiss Club Contact: Don Widmer 209-982-1512
June 22	San Diego, CA – San Diego Swiss Club Contact: Tony Odermatt 619-507-9754
June 29	Tacoma, WA -Tacoma Swiss Sportsmen Club Contact: Earl Gratzer 253-875-9679
July 6-7	Frances, WA – Lewis Pacific Swiss Society Contact: Werner Blaser 360-748-4887
July 20	Truckee, CA – Sierra Swiss Club Championship Schwingfest Contact: Urs Gwerder 530-587-8316
August 3	Portland, OR- Portland Swiss Club Contact: Joanne Odermott 503-640-9675
August 10-11	Tacoma, WA- Tacoma Swiss Sportsmen Club Contact: Earl Gratzer 253-875-9679
August 24	Newark, CA – Aelpler Gruppe Swiss Club Contact: Kurt Clausen 650-988-1161 www.swissparknewark.com
August 31	Ripon, CA – San Joaquin Valley Swiss Club Contact: Don Widmer 209-982-1512
Aug 30–Sept 1	Eidgenoessisches Schwing/ Aelplerfes Burgdorf, Emmenthal, CH

## IN LOVING MEMORY OF DOROTHY G. HUBER May 13, 1922 – February 15, 2013



Dorothy was born in Colorado, later moved with her family to Oregon in 1938. She attended Mt. Angel Academy and then worked at the local creamery. She married Stephen Sprauer and had four children.

After Stephen was killed in an accident at the creamery, she attended Mt. Angel College. She married Al in 1953 and added three more girls to their family. They made their home in Washington and then California.

Dorothy was a woman of many talents. She was a caring mother, a good cook and seamstress. Along with Al, she was a member of the Swiss Club, and sang in their choir. Dorothy was the Membership Secretary from 1978-1984 and also put out the Newsletter for the Club. She taught elementary school in Coupeville, WA and St. Charles, their parish school in Imperial Beach, CA. Her special joy was working with children who had reading difficulties. After she retired from teaching, she worked as activities director at the Senior Center in Imperial Beach.

Dorothy suffered a stroke in 2004 and as no longer able to carry on her usual active life. She died in National City on February 15, 2013. A memorial was held April 7<sup>th</sup> at the Fleet Reserve, 659 Silver Strand Blvd., Imperial Beach, CA 91933.



**A Special THANK YOU to our judges  
They are a valued part of our day**



## **Greetings and Best Wishes to our Schwinger's and Friends Steve & Carmela Egger and Family**



# The History of the Schwingfest

Swiss style wrestling (Schwingen) is one of the oldest known sports. Around A.D. 1300, cow herders in the Alps started the sport. They wore bells around their waists, and handkerchiefs around their knees. There have been Schwingfest (Swiss style wrestling matches) in Switzerland for hundreds of years, testing the strength and agility of the mountain farmers. Winners were determined to be the strongest of the group.

Soon after the first Swiss Style Wrestling instruction book was published in 1864, the Turners (Gymnasts) of the Swiss flat lands began to participate in the sport. These tough and limber wrestlers from the Gymnastic clubs soon became as good as the Senne (Farmers).

Historically Schwingfests are held today in locations such as Napf, Luedern, Rigi and Bruenig

## The Schwinger

Today, we can recognize the Senne by their light blue mild shirt and dark grey trousers and the Turners by their dress of all white.

Besides the proper color of dress, a Schwinger (wrestler) needs a pair of short breeches made of heavy canvas call Schwinghosen. The object is to pick up your opponent by his breeches and toss him with a swing onto his back in a sawdust circle.

The high point of every Schwinger's career is to participate in the Federal Schwing Und Alper festival, which is held every three or four years.



## Past Presidents of the San Diego County Swiss Club



Paul Aeschlimann



Paul Rollin



John Kastlunger



Julius Hofe, Sr



Ralph Widmer



Alois Stockalper



Paul Odermatt

Paul Aeschlimann	1939-1940
Paul Rollin	1941
John Kastlunger	1942-1945
Julius Hofer	1946
Paul Aeschlimann	1947
John Kastlunger	1948-1950
Ralph Widmer	1951
John Kastlunger	1952
Alois Stockalper	1953-1958
Paul Odermatt	1959
Alois Stockalper	1960
Joe Zumstein	1961-1964
Paul Odermatt	1965-1966
Franz Neff	1967
Alois Stockalper	1968-1970
Joe Zumstein	1971
James Belknap	1972
George Reber	1972-1974
Max Buchmann	1975-1976
George Reber	1977-1978
Max Wirth	1979-1983
Rudy Kastlunger	1984-1986
Mary Ann Looper	1987-1992
Paul Odermatt	1993-1995
Rudy Kastlunger	1996-1999
Al Hollenstein	2000
David Egger	2001-2008
Tony Odermatt	2009-current



Mary Ann Looper



Al Hollenstein



David Egger



Franz Neff



Joe Zumstein



James Helknap



George Reber



Max Buchmann



Max Wirth



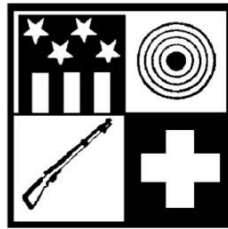
Rudy Kastlunger



# The San Diego Swiss Rifle Team

## Best Wishes for a successful 64th Schwingfest!

The San Diego Swiss Rifle Team was established in 1984 under the Leadership of Walter Niederberger. The Los Angeles Swiss Rifle Team was kind enough to give us three karabiners to get us started. Later we were able to get six more rifles from the Swiss government. Currently the Rifle Team meets the second Saturday. Please contact Ruedi Lusti for more information. 619-295-1749 or email – lustis@cox.net



### Join the Fun at our Booths!

Toss a ring, quench your thirst – Spin the wheel for Cheese – Shop for Swiss items and the ever popular LANDJAGERS!

### The Game

The sport is organized by matching wrestlers according weight and size. Besides strength and agility as Schwinger needs knowledge of as many grips and tosses as possible. Points are added together for re-matching, and to determine the winners.

At the beginning of a match, each Schwinger will grasp his right hand on the belt and his left hand on the cuff of his opponent's shorts. Once the referee has determined that both wrestlers are in proper position, he announces "Gut" or "Wrestle" and the wrestling will begin.

A tournament consists of six matches lasting up to five minutes each. The object is to pin the opponent's shoulder blades to the ground while maintaining a grip on this belt or pants. An instant win with a clean pickup and flat pin scores 10.0 points. The winner of the match traditionally dusts off his opponent's backside, a sign of good sportsmanship.

The tournament winner is the one who has his backside dusted off least often. He is rewarded with a crown of laurel leaves, title of Schwingerkonig (King of the Swiss Schwing) and a kiss from a Kranzmeiteli (Crown Girl).

### Terms to Know

Schwingen:

Swiss style wrestling

Schwingfest:

Swiss style wrestling match

Senne:

Farmers from the mountain valleys

Turners:

Gymnast from the flat lands

Schwinghosen:

Short breeches made from canvas

Schwingerkonig:

King of the Swiss Wrestlers

Kranzmeiteli:

Crown Girl

Stein Stossen:

Stone Throwing contest

**2012 San Diego County Schwingfest Results**

<u>SENIORS</u>	<u>WRESTLER</u>	<u>HOMETOWN</u>
1	Kaech, Frank	Ripon, CA
2	Gingg, Kyle	Buckeye, AZ
3	Widmer, Steven	Ripon, CA
4	Lujan, Morgan	Elk Grove, CA
5	Ojeda, Luis	San Diego, CA
<b>Above with Crowns</b>		
6A	Hollie, David	San Diego, CA
6B	Jackson, Quantail	San Diego, CA
7A	Brownell, Ji	San Diego, CA
7B	Paris, Samuel	Chula Vista, CA
8	Berchtold, Mike	Ripon, CA
9A	Moriel, Ricardo	San Diego, CA
9B	Soltero, Daniel	San Diego, CA
10	Bajet, Eddie	Chula Vista, CA
11	Hernandez, Paul	Chula Vista, CA
12	Ulrich, Anton	Corvallis, OR
13	Johnson, Ross	Temecula, CA
<b>14-16 YRS</b>		
1	Merten, Jacob	Holtville, CA
2	Corral, Jessica	San Diego, CA
-	Shariff, Kristen	San Diego, CA
<b>8-9 YRS</b>		
1	Gingg, Logan	Buckeye, AZ
2	Johnston, Derek	Brawley, CA
3	Johnston, Donovan	Holtville, CA
4	Leeman, Collin	San Diego, CA
5	Hernandez, Joshua	San Diego, CA

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# Wishing you a successful 64<sup>th</sup> Schwingfest

Join us November 3<sup>rd</sup>, 2013 for our  
Buebe Schwingfest and in the  
spring of 2014 to celebrate our  
93<sup>rd</sup> Annual Schwingfest

Swiss Club of Imperial Valley  
1585 E. Worthington Rd  
Holtville, CA 92250



# Best Wishes for the 64<sup>th</sup> Annual Schwingfest

## Julius and Sandy Hofer

Shawna, Cooper, and Mia Russo  
Jason, Alyson, Josiah,  
Berlyn and Rawlin Bottom  
Brian and Jeff Hofer



## 2012 San Diego County Schwingfest Results (con't.)

### 5-7-6 YRS

- |   |                 |               |
|---|-----------------|---------------|
| 1 | Gingg, Gunner   | Buckeye, AZ   |
| 2 | Magtoto, Sean   | San Diego, CA |
| 3 | Johnston, Dion  | Holtville, CA |
| 4 | Britschgi, Colt | Holtville, CA |



MUCH LUCK TO ALL THE WRESTLERS

AND

BEST GREETINGS TO ALL OUR FRIENDS



BERNE

GEORGE & BETTY REBER AND FAMILIES



We wish to extend our support to all the Schwinger's at the 64<sup>th</sup> Annual San Diego County Schwingfest



Good Luck  
Collin,  
Tom and  
Sandi  
Leeman

# GREETINGS TO ONE AND ALL!

## Walter and Marianne Egger

### Glenn & Rory

Jordan, Joshua, Christianne  
Theresa, Ethan, Noah &  
Elijah

### John & Simone

Sabelle & Colton

### Bruce & Crystal

Sayla & Savannah

Obwalden



Zurich



550 Front Street #3101  
San Diego, CA 92101

## Best Wishes on a Successful & Safe 64<sup>th</sup> Annual Schwingfest!



Karen and Tony Odermatt



## BECOME A MEMBER OF THE SAN DIEGO COUNTY SWISS CLUB

The San Diego County Swiss Club Board of Directors hopes to see you at all of our upcoming events. Your active participation helps to preserve the Swiss culture and traditions in our community. When you become a member, you will join a group of people interested in preserving our Swiss heritage for future generations.

**Individual Annual Membership \$15**

**Family Annual Membership \$30**

Contact Debbie Morris, Membership Director  
at (619) 267-4474 or [dmorris379@aol.com](mailto:dmorris379@aol.com)



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SINCE 1291

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Alive in America!



*Let us take a  
moment and pray  
for peace in the world.*

**THE LUSTI FAMILY**



*Our Best Wishes For  
A Successful Schwingfest*



*Jim, Betty and Kelly Sandoval*

*Jennifer, Chris, Presley and Evan Toledo*



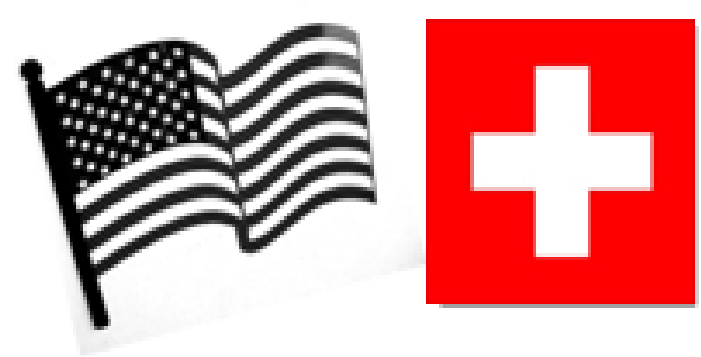
Come join us for practice the 4 weeks  
preceding the Schwingfest. Call Tony  
Odermatt at (619) 507-9754 for information.

## Best Wishes for a Successful Schwingfest San Diego Swiss Ladies Society



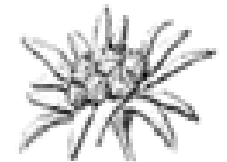
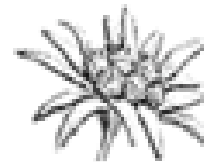
Founded in 1962, the Swiss Ladies continue to meet monthly for friendship and camaraderie. This year, they have experienced great dining, along with numerous outings, to interesting locations. They visited the Barona Casino, D'Carlos in Ramona and Belle Fleur in Del Mar. Our summer luncheon was hosted by Max and Hedy Buchmann at their home in El Cajon. Our annual Thanksgiving buffet lunch is always a wonderful get together at the SD County Swiss Park.

Gatherings are typically on the first Tuesday of each month. Husbands and other gentlemen are always welcome! Please join in the fun. You may contact Martha Morero at [mmorera@san.rr.com](mailto:mmorera@san.rr.com) or Christina Zeller at [czellerdesign@aol.com](mailto:czellerdesign@aol.com).



**Best Wishes for a  
Successful  
64th Annual  
Schwingfest**

**Al & Margarite Hollenstein**



## SAN DIEGO COUNTY SWISS CLUB HONORARY MEMBERS

There have been those who have made outstanding contributions to the San Diego County Swiss Club. In appreciation, the following individuals are recognized as Honorary Lifetime Members.

Max and Hedy Buchmann  
Robert & Estela Egger  
Walter & Marianne Egger  
Steve & Carmela Egger  
Mr. Rudy Kastlunger  
Alfred & Thelma Lehmann  
Emil Lehmann

Margot Linback  
Ruedi Lusti  
Paul & Mary Odermatt  
Paul & Marilyn Pluss  
George & Betty Reber  
Otto Rollin, Jr.  
Paula Zumstein

### ***In remembrance and appreciation of our deceased Honorary Members***

Mr. & Mrs. Paul Aeschlimann  
Mr. & Mrs. Theodore Blattler  
Mrs. Bertha Braum  
Mr. & Mrs. Robert Egger, Sr.  
Mrs. Ricki Groebli  
Mrs. Rudolf Heimer  
Mr. & Mrs. Julius Hofer, Sr.  
Mr. & Mrs. Julius Hofer, Jr.  
Mr. & Mrs. John Kastlunger, Sr.

Mary Ann Looper  
Mr. & Mrs. Walter Mathis  
Mr. Frank Mettauer  
Mr. Hans Schoenbachler  
Mrs. Rosalie Schwiekert  
Mr. & Mrs. Alois Stockalper  
Mr. & Mrs. Walter Suter  
Mr. Joseph Zumstein  
Mr. & Mrs. Meinrad Zumstein



"Best Wishes on a successful Schwingfest.  
Many thanks to the Schwinger's for a great day!"  
George Rodgers & Anne Odermatt



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**Anne Odermatt, Owner, Fallbrook CA 760-723-7605**



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*Jim, Betty and Kelly Sandoval*

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Come join us for practice the 4 weeks  
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GOOD LUCK TO THE  
SCHWINGERS ON THE 64<sup>TH</sup>  
ANNUAL SCHWINGFEST!

Paul and Mary Odermatt  
& Family



# SAN DIEGO COUNTY SWISS CLUB 64<sup>TH</sup> ANNUAL SCHWINGFEST

## 2013 SCHWINGFEST EXECUTIVE BOARD

President of the Day	Ernie Ludwig
Gate	Carmela Egger
Lunch BBQ	Steve Egger
	Rudy Kastlunger
Souvenir Booth	Debbie Morris
Program Booklet	Karen Odermatt
Program Booklet	Marilyn Pluss
Volunteer Coordinator	D. Morris

## 2013 SD COUNTY SWISS PARK OFFICERS

President	Tony Odermatt
Vice President	Daniel Vanetti
Treasurer	Karen Odermatt
Recording Secretary	Tina Duenez
Membership Sec.	Debbie Morris
Director – Rifle Club	Ruedi Lusti
Director – Events	Steve Egger
Director – Grounds	Fred Lehmann
Director	Margot Linback



## SCHEDULE OF EVENTS

10:00 a.m.	Park Opens
10:30 a.m.	Meeting with Wrestlers and judges
10:55 a.m.	National Anthem
11:00 a.m.	Wrestling begins
11:00 a.m.	Game booths, Souvenirs face painting artist balloon maker and jump for joys open

12:30 p.m.	BBQ lunch served
07:00 p.m.	until end of day

After wrestling, Stein Stossen

06:30 p.m.	Schwinger Awards
	Will be presented outside directly following wrestling

JOIN US AUGUST 1<sup>st</sup> at the SD County Swiss Park for SWISS INDEPENDENCE DAY

