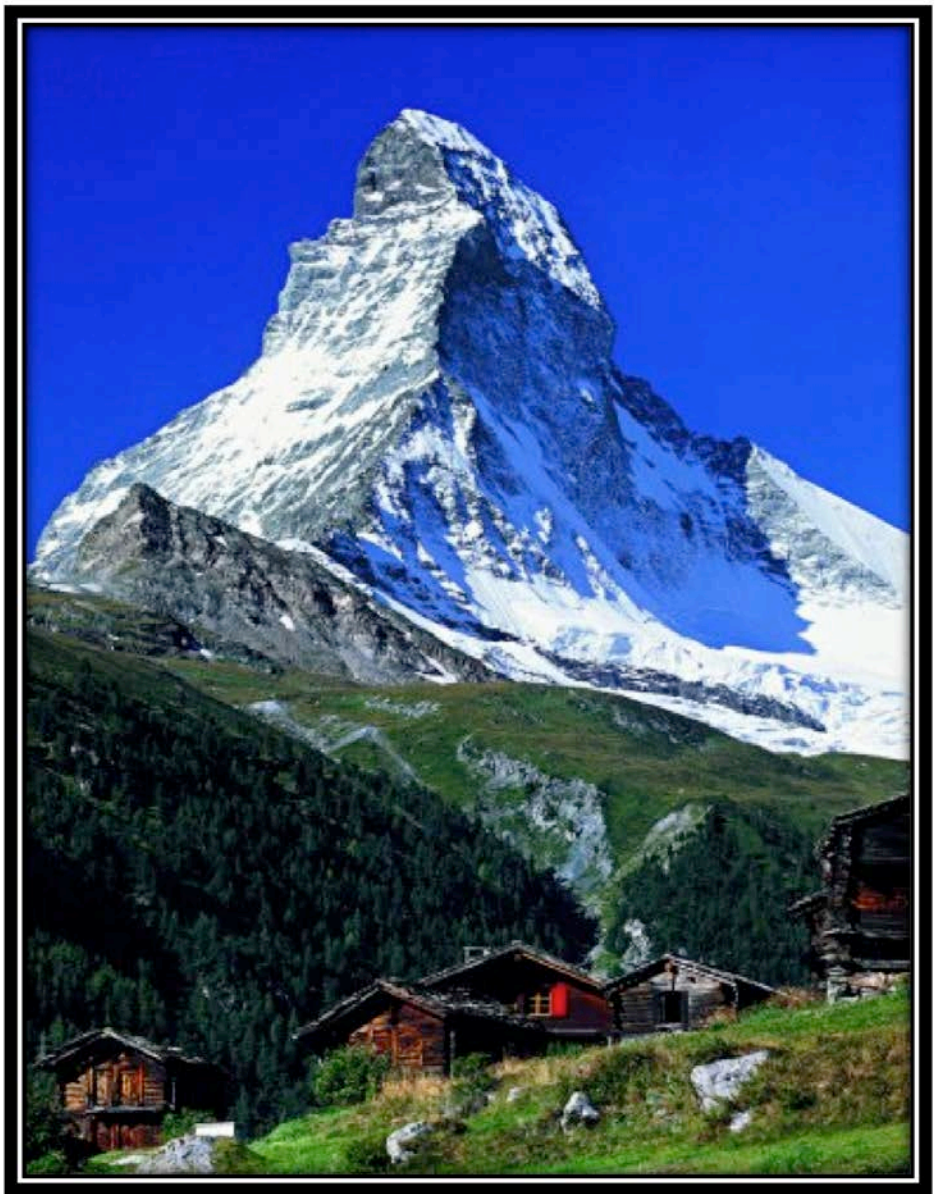


**SAN DIEGO COUNTY SWISS CLUB  
JUNE 21, 2014**



**57<sup>TH</sup> WCSWA CHAMPIONSHIP  
65<sup>TH</sup> ANNUAL SCHWINGFEST**



**Congratulations on your  
65<sup>th</sup> Annual Schwingfest!  
Max & Hedy Buchmann  
and Family**

# A Message from the Board



Fred Lehmann, Debbie Morris, Steve Egger, Tina Duenez, Tony Odermatt, Karen Odermatt, Daniel Vanetti, Margot Linback, and Ruedi Lusti

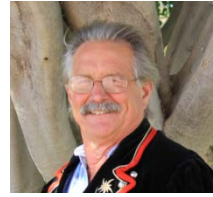
The Board of Directors of the San Diego County Swiss Club would like to welcome you to our 65<sup>th</sup> Annual Schwingfest. It is also the West Coast Swiss Wrestling Association 57<sup>th</sup> Annual Championship. It is with much pride that we are able to continue this wonderful tradition. We are forever grateful to our previous generations for having the forethought and ability to provide such a lovely setting. Many things have changed but the enthusiasm and traditions for Schwingen remain constant. We are so glad to have you here with us today.

Finally, I would like to welcome the Schwingers who come to showcase their skills and strengths in the sawdust ring. Schwingen exemplifies important values: Each match begins and ends with a handshake and the rules dictate that the winner must always brush the sawdust from the losers back.

On behalf of our club and our families, we would like to thank you for attending and supporting the San Diego County Swiss Club.

From the front page - Schwinger on the left is Pete Brun; Schwinger on the right is Fritz Ambuel. Statue was carved from a solid piece of walnut which was commissioned by Paul Odermatt and carved by Margarito in 1972. It is currently on display at the home of Paul and Mary Odermatt

**A Message from the President  
of the West Coast  
Swiss Wrestling Association  
Tony Odermatt**



As President of both the San Diego County Swiss Club and the West Coast Swiss Wrestling Association, it is my dual pleasure to welcome you to this annual wrestling event at my home club. As we enter the 57<sup>th</sup> year of the West Coast Swiss Wrestling Association, I would like to encourage everyone to keep this tradition an important part of our lives.

At each Swiss Club on the West Coast, it takes many people, and many hours, to make an event such as this happen. I would like to thank the volunteers that donate their time and the members that donate their money, as well as the wrestlers who have the love and dedication for the Swiss style wrestling.

The championship rotates between five clubs in the Association. It is the premier Schwingen event of the year and draws wrestlers and supporters from all over the West Coast. In 2014, it is my distinct pleasure that my home club – San Diego County Swiss Club – is hosting the Championship. The championship is a great way to meet old friends and make new ones.

This is also an excellent opportunity for me to express my gratitude to Joe Ming for maintaining the website for the West Coast Swiss Wrestling Association. When you get a moment, take some time to view the site at [www.westcoastswiss.org](http://www.westcoastswiss.org). You will be impressed.

Again, thank you for attending and enjoy your day.

## San Diego County Swiss Club History

The San Diego County Swiss Club officially formed as a group in 1939. The Club's original Board of Directors were:

President	Paul Aeschliman
Vice President	Robert Egger, Sr.
Treasurer	Theodore Blatter
Recording Secretary	Walter Suter
Corresponding Secretary	Leo Arnold
Director	John Kastlunger
Director	John Christen

Although they are no longer with us, their spirit lives on today. It is in their descendants and the many Swiss who have immigrated to this country to pass Swiss tradition and heritage to future generations.

The site for the very first Schwingfest, held in 1949, was Eggers' Park. In 1953, the club purchased from Robert Egger, Sr., the land that our park currently sits upon. In 1957, pulling resources together, the club built a great hall

Due to the expansion of the freeway, it was necessary to build a new hall. The beautiful hall used today was built in 1970. Today, after six decades of club activities, the tradition lives on with many thanks and fond memories of our founding fathers.

### **Swiss Motto:**

**"Einer Fur Alle und Alle Fur Einer"  
"One for all and all for one."**



From Left to Right: L. Leu, R. Heimers, J. Hofer  
Cooking: J. Christen, Blanche Aeschlimann, Berta Suter



**Greetings and Best Wishes to our  
Schwingers and Friends  
Steve & Carmela Egger  
and Family**



**Kurt and Linda Clausen  
WISHING YOU A SUCCESSFUL  
CHAMPIONSHIP SCHWINGFEST**

# The History of the Schwingfest

Swiss style wrestling (Schwingen) is one of the oldest known sports. Around A.D. 1300, cow herders in the Alps started the sport. They wore bells around their waists, and handkerchiefs around their knees. There have been Schwingfest (Swiss style wrestling matches) in Switzerland for hundreds of years, testing the strength and agility of the mountain farmers. Winners were determined to be the strongest of the group.

Soon after the first Swiss Style Wrestling instruction book was published in 1864, the Turners (Gymnasts) of the Swiss flat lands began to participate in the sport. These tough and limber wrestlers from the Gymnastic clubs soon became as good as the Senne (Farmers).

Historically Schwingfests are held today in locations such as Napf, Luedern, Rigi and Bruenig

## The Schwinger

Today, we can recognize the Senne by their light blue mild shirt and dark grey trousers and the Turners by their dress of all white.

Besides the proper color of dress, a Schwinger (wrestler) needs a pair of short breeches made of heavy canvas call Schwinghosen. The object is to pick up your opponent by his breeches and toss him with a swing onto his back in a sawdust circle.

The high point of every Schwinger's career is to participate in the Federal Schwing Und Alper festival, which is held every three or four years.





## The Game

The sport is organized by matching wrestlers according weight and size. Besides strength and agility as Schwinger needs knowledge of as many grips and tosses as possible. Points are added together for re-matching, and to determine the winners.

At the beginning of a match, each Schwinger will grasp his right hand on the belt and his left hand on the cuff of his opponent's shorts. Once the referee has determined that both wrestlers are in proper position, he announces "Gut" or "Wrestle" and the wrestling will begin.

A tournament consists of six matches lasting up to five minutes each. The object is to pin the opponent's shoulder blades to the ground while maintaining a grip on this belt or pants. An instant win with a clean pickup and flat pin scores 10.0 points. The winner of the match traditionally dusts off his opponent's backside, a sign of good sportsmanship.

The tournament winner is the one who has his backside dusted off least often. He is rewarded with a crown of laurel leaves, title of Schwingerkonig (King of the Swiss Schwing) and a kiss from a Kranzmeiteli (Crown Girl).

### Terms to Know

Schwingen:

Swiss style wrestling

Schwingfest:

Swiss style wrestling match

Senne:

Farmers from the mountain valleys

Turners:

Gymnast from the flat lands

Schwinghosen:

Short breeches made from canvas

Schwingerkonig:

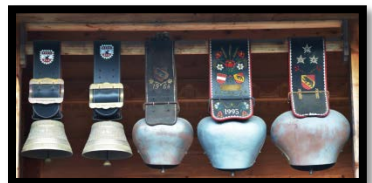
King of the Swiss Wrestlers

Kranzmeiteli:

Crown Girl

Stein Stossen:

Stone Throwing contest



# **SAN DIEGO COUNTY SWISS CLUB**

## **2013 Schwingfest - June 22, 2013**

Age Group	Hometown	Name	TOTAL
Adult	Stockton, Ca	1 Schallberger, Logan	57.25
Adult	Modesto, CA	2A Betschart, Andrew	56.50
Adult	Lodi, CA	2B Schallberger, Jakob	56.50
Adult	Ripon, CA	2C Widmer, Steven	56.50
Adult	San Diego, CA	3 Soltero, Daniel	56.00
Adult	Switzerland	4 Meltraux, Fabien	55.50

### **ABOVE WITH CROWNS**

Adult	San Diego, CA	5 Brownell, Ji	55.00
Adult	Santa Barbara, CA	6A Hernandez, Paul	54.75
Adult	Chula Vista, CA	6B Baez, Estaban	54.75
Adult	Chula Vista, CA	7 Paris, Samuel	52.75
Adult	Holtville, CA	- Leimgruber, Paul	17.50
Adult	San Diego, CA	- Ojeda, Luis	17.50
14-16	Holtville, CA	Merten, Jacob	38.50
14-16	Holtville, CA	Merten, Joshua	36.00
10 years	Brawley	Johnston, Derek	58.75
10 years	San Diego, CA	Leeman, Collin	56.00
10 years	Escondido, CA	Egger, Ethan	52.50
7 years	San Diego, CA	Magtoto, Sean	58.50
7 years	Escondido, CA	Egger, Noah	55.50
7 years	Holtville, CA	Britschgi, Colt	52.50

# 2013 Stein Sossen

Senior	Jose Baez	134
Senior	Andrew Betschart	128
	Daniel Soltero	116
Women	Ellen Esch	121
	Angelina Wallier	120
	Theresa Egger	113



# Best wishes for a successful Schwingfest!



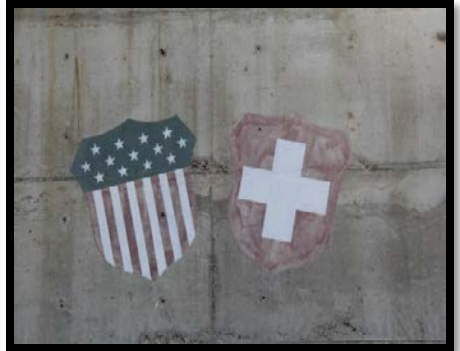
Matt Weyls, Vachel Applefee, Lorilee Rodgers, Ellie Applebee, George Rodgers, Andrea & Josh Van Alfen, Anne Odernatt, Desiree Weyls, Christine, Steven & Travis Bostrom  
MAY 17TH, 2014



**MUCH LUCK TO ALL THE WRESTLERS  
AND  
BEST GREETINGS TO ALL OUR FRIENDS**



**GEORGE & BETTY REBER AND FAMILIES**



Our Best Wishes For A Successful Schwingfest



Jim, Betty (Hofer) and Kelly Sandoval  
Chris, Jennifer, Presley and Evan Toledo

# BECOME A MEMBER OF THE SAN DIEGO COUNTY SWISS CLUB

The San Diego County Swiss Club Board of Directors hopes to see you at all of our upcoming events. Your active participation helps to preserve the Swiss culture and traditions in our community. When you become a member, you will join a group of people interested in preserving our Swiss heritage for all future generations. For more information, please contact Debbie Morris at [dmorris379@aol.com](mailto:dmorris379@aol.com) or at (619) 922-4474

**Individual Annual Membership     \$15**

**Family Annual Membership         \$30**



Canvas donated by Paul Odermatt, Painting provided by Van Sokol, Circa 1965

# HAPPENINGS AT THE SWISS PARK



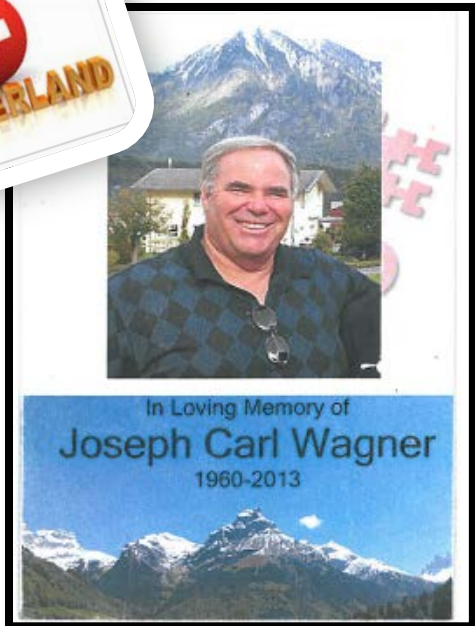
10/12/13 – Ribbon cutting ceremony for the Bayside Bikeway Path. Pictured are County Supervisor Greg Cox, Interim Mayor of San Diego Todd Gloria and club president, Tony Odermatt



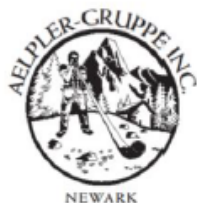
**Congratulations  
West Coast Swiss Wrestling Association  
for  
57 Championship Schwingfests**

**Thank you  
for keeping this  
tradition alive,**

*Margaret  
William & Catherine  
Abajian*







**Aelpler Gruppe Swiss Club  
and Newark Swiss Park  
congratulate**

**San Diego County Swiss Club**

on hosting the Championship Schwingfest

Wishing all wrestlers and guests a day filled  
with great sportsmanship, camaraderie,  
and the renewal of friendships

Please save these dates and plan to join us  
at the following events:

**Spring Schwingfest, Saturday, June 13, 2015**

**Championship Schwingfest and Musikfest**



**Saturday - Sunday, September 5 - 6, 2015**



For more information, please contact  
Margrith Reichmuth @ [marfeb01@aol.com](mailto:marfeb01@aol.com)



**Best Wishes  
for a Successful  
65<sup>th</sup> Annual  
Schwingfest**

**Al & Margarite Hollenstein**



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***Best Wishes to the Schwingers!!***

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**Eb & Debbie Hogerworst**  
**1 (760) 801-5664**



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# 2013 CHAMPIONSHIP IN TRUCKEE CA





There have been those who have made outstanding contributions to the San Diego County Swiss Club. In appreciation, the following individuals are recognized as Honorary Lifetime Members.

Max and Hedy Buchmann  
Robert & Estela Egger  
Walter & Marianne Egger  
Steve & Carmela Egger  
Rudy Kastlunger  
Alfred & Thelma Lehmann  
Emil Lehmann  
David Egger

Margot Linback  
Ruedi Lusti  
Paul & Mary Odermatt  
Paul & Marilyn Pluss  
George & Betty Reber  
Otto Rollin, Jr.  
Paula Zumstein

***In remembrance and appreciation of our deceased  
Honorary Members***

Mr. & Mrs. Paul Aeschlimann  
Mr. & Mrs. Theodore Blattler  
Mrs. Bertha Braum  
Mr. & Mrs. Robert Egger, Sr.  
Mrs. Ricki Groebli  
Mrs. Rudolf Heimer  
Mr. & Mrs. Julius Hofer, Sr.  
Mr. & Mrs. Julius Hofer, Jr.  
Mr. & Mrs. John Kastlunger, Sr.

Ms. Mary Ann Looper  
Mr. & Mrs. Walter Mathis  
Mr. Frank Mettauer  
Mr. Hans Schoenbachler  
Mrs. Rosalie Schwiekert  
Mr. & Mrs. Alois Stockalper  
Mr. & Mrs. Walter Suter  
Mr. Joseph Zumstein  
Mr. & Mrs. Meinrad Zumstein

# **SAN DIEGO COUNTY SWISS CLUB**

## **2014 SCHWINGFEST EXECUTIVE BOARD**

President of the Day	Ernie Ludwig
Gate	Carmela Egger
BBQ/Bratwurst Lunch	Steve Egger, Rudy Kastlunger and family and Otto Rollin
Souvenir Booth	Debbie Morris Margot Linback
Program Booklet	Karen Odermatt
Volunteer Coordinator	Debbie Morris

## **2014 SD COUNTY SWISS PARK OFFICERS**

President		Tony Odermatt
Vice President		Daniel Vanetti
Treasurer		Karen Odermatt
Recording Secretary		Tina Duenez
Membership Secretary		Debbie Morris
Director – Rifle Club		Ruedi Lusti
Director – Events		Steve Egger
Director – Grounds		Fred Lehmann
Director		Margot Linback

# 65<sup>TH</sup> ANNUAL SCHWINGFEST

## SCHEDULE OF EVENTS

10:00 a.m.	Park Opens
10:30 a.m.	Wrestlers sign up
11:00 a.m.	National Anthem
	Wrestling Commences
	Entertainment begins

*Game booths, Souvenir booth, face painting artists, balloon maker and jump for joys*

12:30 – 3:30 p.m. Lunch served

*After wrestling, Stein Stossen*

06:30 p.m. Dinner served

08:00 p.m. Dancing

09:00 p.m. Schwinger Awards

Music being provided by

**Big Band Entertainers**



**JOIN US AUGUST 1<sup>st</sup>**  
**at the SD County Swiss Park for**  
**SWISS INDEPENDENCE DAY**



**FROM THE FIRST GENERATION TO NOW  
OUR TRADITIONS WILL LIVE ON**



Paul and Mary Odermatt and great-grandson, Travis LaRue Bostrom

**GOOD LUCK TO THE SCHWINGERS  
ON OUR 65<sup>TH</sup> ANNUAL SCHWINGFEST  
AND OUR 57<sup>TH</sup> WCSWA CHAMPIONSHIP  
PAUL AND MARY ODERMATT & FAMILY**



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A Big **THANK YOU** to Bob and Estela Egger For the donation of the Konig Schwing – Grand Prize Chair

\*\*\*\*\*

## CHRISTMAS PARTY 2013

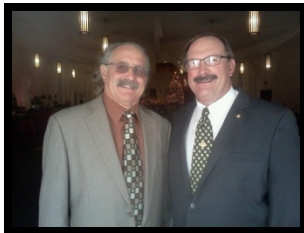


The children singing traditional songs in Swiss and English led by Sandi Leeman and Tina Duenez



Anne Odermatt and George Rodgers in front of our beautiful Christmas tree

Tony Odermatt and Ernie Ludwig





## Imperial Valley Schwingfest – 2014



Our next generation of Schwinger's Elijah Egger (4) and River Contreras (4) with River's grandpa – David Egger



**Come join us for practice the 4 weeks preceding the Schwingfest. Call Tony Odermatt at (619) 507-9754 for information.**



**“Best Wishes for a successful Schwingfest.  
 Many thanks to the Schwingers for a great day!”  
 George Rodgers & Anne Odermatt**



**George Rodgers Welding Inc.** is your complete general welding source. Owner operated with over 30 years’ experience, you can be confident of quality and integrity in both shop and field work. Specializing in aluminum, stainless and mild steel, as well as exotics.



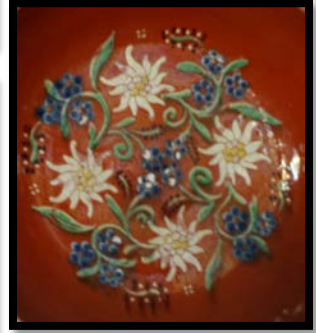
**George Rodgers, Owner,  
 Fallbrook, CA (760) 801-5849**



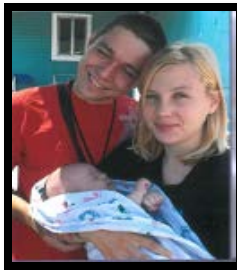
**Antrin Miniature Specialties, Inc.** operates Tornos Swiss Automatic Cam machines. American made, Swiss quality. Precision machined parts for Aerospace, Medical and Commercial applications in both Metric and American standards.

**Anne Odermatt,  
 Owner,  
 Fallbrook CA (760) 723-7605**





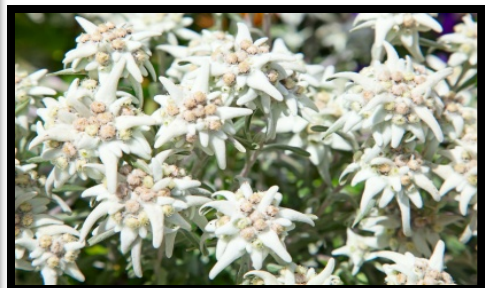
**Wishing all the Schwingers a Successful Schwingfest!**  
**Ernie Ludwig, Kris and family**



How far to the next Schwingfest?

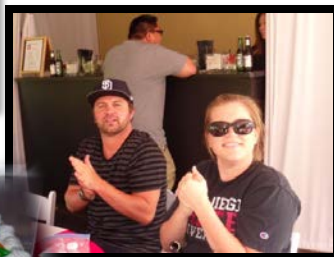
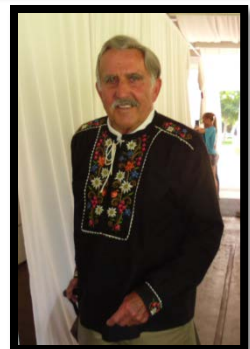


Our VP Daniel Vanetti and his wife Glenda



# August 1<sup>st</sup> – SWISS INDEPENDENCE DAY

The San Diego County Swiss Club **always** celebrates Swiss Independence Day on August 1<sup>st</sup>. Please come and join us on this very special day. August 1, 2014 will be on a Friday so bring your family out and join us for a bratwurst dinner, games and the traditional bonfire, lampions and authentic Swiss music.



Come wish our  
Club President  
Tony Odermatt  
a Happy  
Birthday!

# Best Wishes for a Successful Schwingfest San Diego Swiss Ladies Society



Founded in 1962, the Swiss Ladies continue to meet monthly for friendship and camaraderie. This year, they have experienced great dining, along with numerous outings, to interesting locations. They visited the Barona Casino, Peohe's in Coronado and Belle Fleur in Del Mar. Our annual Thanksgiving buffet lunch is always a wonderful get together at the SD County Swiss Park.

Gatherings are typically on the first Tuesday of each month. Husbands and other gentlemen are always welcome! Please join in the fun. You may contact Martha Morera at [mmorera@san.rr.com](mailto:mmorera@san.rr.com) or Christina Zeller at [czellerdesign@aol.com](mailto:czellerdesign@aol.com).



# Tony and Karen Odermatt and family





# **GREETINGS TO ONE AND ALL!**

**Walter and Marianne  
Egger**

**Glenn & Rory**

Jordan, Joshua, Christianne  
Theresa, Ethan, Noah &  
Elijah

**John & Simone**

Sabelle & Colton

**Bruce & Crystal**

Sayla & Savannah

Obwalden



Zurich

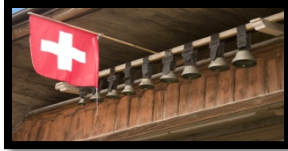


550 Front Street #3101  
San Diego, CA 92101

**Wishing you a successful  
57<sup>th</sup> West Coast Swiss Wrestling  
Association Championship Schwingfest**

**Join us November 2<sup>nd</sup>, 2014 for our Buebe  
Schwingfest and March 28, 2015 to  
celebrate our 94<sup>th</sup> Annual Schwingfest**

**Swiss Club of Imperial Valley  
1585 E. Worthington Rd  
Holtville, CA 92250**



**Best Wishes for the 65<sup>th</sup>  
Annual Schwingfest**

**Julius and Sandy Hofer**

**Shawna, Cooper, and Mia Russo  
Jason, Alyson, Josiah,  
Berlyn and Rawlin Bottom  
Brian and Jeff Hofer**



# Swiss Park San Diego

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Tony or Larry Escobedo; Dan O'Hanlon  
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Phone: (619) 947-3210 or (619) 423-1036

Email: [Swissclubevents@gmail.com](mailto:Swissclubevents@gmail.com)

Website at [www.SDSwissClub.com](http://www.SDSwissClub.com)

**PAUL & MARILYN PLUSS**

**MARGARET BOURDETTE**

**Dylan, Ryan & Cassie**

**PAUL DAVID & DEBBIE PLUSS**

**Travis & Tyler**

\*\*\*\*\*



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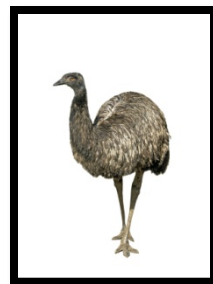
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**Congratulations to the 2014  
wrestlers from the Lehmann-  
Duenez Families  
Emil, Dan, Linda and Tera Lehmann  
Tina, Nick and Emilie Duenez**

**Good Luck Schwingers!  
The Egger Family**

David and Peggy  
Natalie, Marco, River and Harper  
Jordan, Nathan  
Greg & Anne  
Zach



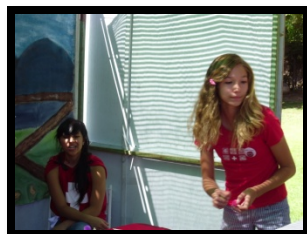
**We wish to extend our support to all the Schwingers at the  
65<sup>th</sup> Annual San Diego Schwingfest.**

**Good Luck to All of You! Tom, Sandi and Collin Leeman**





**Bob Egger, Mike Johnston, Ronnie Leimgruber**  
**A Special THANK YOU to our judges**  
**They are a valued part of our day**



## Past Presidents of the San Diego County Swiss Club



Paul Aeschlimann



Paul Rollin



John Kastlunger



Julius Hofe, Sr



Ralph Widmer



Alois Stockalper



Paul Odermatt

Paul Aeschlimann	1939-1940
Paul Rollin	1941
John Kastlunger	1942-1945
Julius Hofer	1946
Paul Aeschlimann	1947
John Kastlunger	1948-1950
Ralph Widmer	1951
John Kastlunger	1952
Alois Stockalper	1953-1958
Paul Odermatt	1959
Alois Stockalper	1960
Joe Zumstein	1961-1964
Paul Odermatt	1965-1966
Franz Neff	1967
Alois Stockalper	1968-1970
Joe Zumstein	1971
James Belknap	1972
George Reber	1972-1974
Max Buchmann	1975-1976
George Reber	1977-1978
Max Wirth	1979-1983
Rudy Kastlunger	1984-1986
Mary Ann Looper	1987-1992
Paul Odermatt	1993-1995
Rudy Kastlunger	1996-1999
Al Hollenstein	2000
David Egger	2001-2008
Tony Odermatt	2009-current



Franz Neff



Joe Zumstein



James Helknap



George Reber



Max Buchmann



Max Wirth



Rudy Kastlunger



Mary Ann Looper



Al Hollenstein



David Egger

# The San Diego Swiss Rifle Team Best Wishes for a successful 65<sup>th</sup> Schwingfest!



The San Diego Swiss Rifle Team was established in 1984 under the leadership of Walter Niederberger. The Los Angeles Swiss Rifle Team was kind enough to give us three karabiners to get us started. Later we were able to get six more rifles from the Swiss government. Currently the Rifle Team meets the second Saturday of every month. Please contact Ruedi Lusti at (619) 295-1749 or at [lustiis@att.net](mailto:lustiis@att.net) for more information.

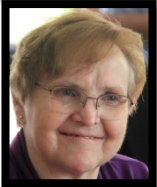
**Join the fun at our booths!**  
**Toss a ring to quench your thirst**  
**Spin the wheel for Cheese**

**Shop for Swiss items**  
**Try the ever popular**  
**LANDJAGERS!**





# FONDUE FUN



Each year, the San Diego County Swiss Club hosts a spring (April) and fall (October) fondue. A big thank you to Al Hollenstein and his son Alfonso for providing a wonderful fondue. Please join us in October for our next fondue. You will not regret it!





For more than 50 years, the San Diego County Swiss Club has relied on the generosity of its members and friends. We appreciate everyone who comes forward with support, making it possible to share our Swiss customs and traditions with our community.

## 2014 Schwingfest Supporters

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Thank you for ordering all the

Schwinger awards and

souvenirs every year.



WE HAVE ENJOYED FREEDOM  
SINCE 1291



Let us take a  
moment and  
pray for peace  
in the world.

KEEPING THE SWISS CULTURE  
ALIVE IN AMERICA!

**THE LUSTI FAMILY**



**Wishing the  
San Diego  
Swiss Club  
A Successful  
Championship  
Schwingfest**

**Bob & Estela Egger**

