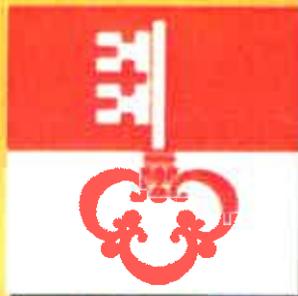
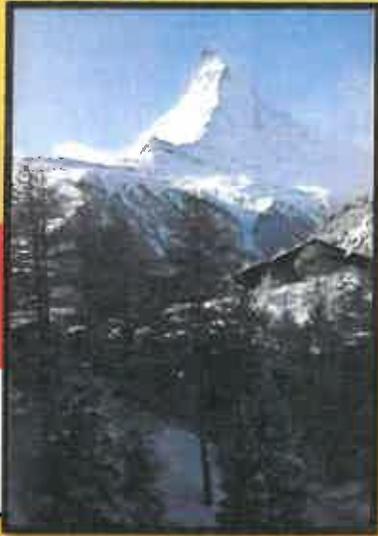


**Best Wishes for a successful
61st Schwingfest**

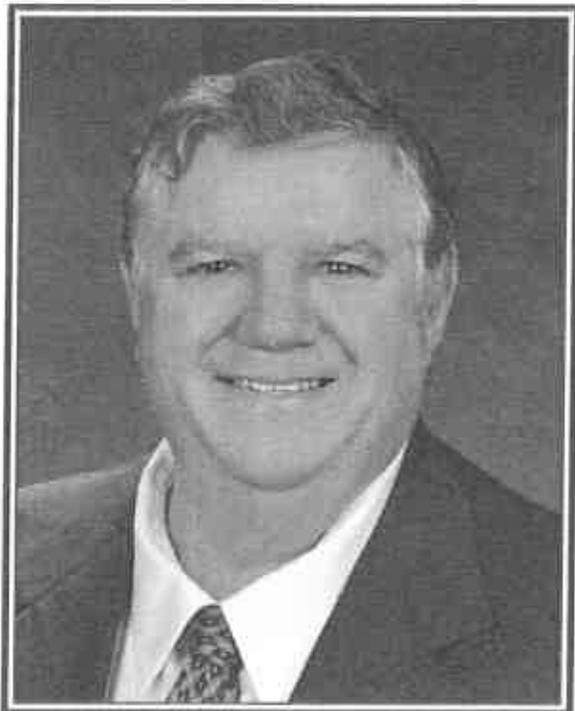


Bob and Estela Egger

*San Diego County Swiss Club
Schwingfest 2010
61st Annual*

June 19-20, 2010

In Loving Memory of
Fred Studer



1941 - 2010



The families of Kathleen Studer
& Fred's siblings John Studer, Barbara Collins,
Loretta Abatti, Pinkie Drew & Lydia Cutting

GREETINGS FROM THE PRESIDENT

Welcome to the San Diego County Swiss Club's 61st Annual Schwingfest. What a great way to start off the summer with friends from near and far, continuing the traditions that keep the Swiss communities connected. At times it seems difficult to make the effort from our hectic schedules to attend these functions. However, it is so important to our children, and ourselves, to keep these traditions alive.



I would like to thank all the volunteers who have donated many hours of their time to make this event such a success. The judges deserve special recognition for giving their entire day for the benefit of a fair and enjoyable schwingfest. As always, this weekend would not be possible without the wrestler's commitment, their families involvement and the communities support.

Please join us for the tri-tip dinner this evening as well as an evening of dancing. Dinner will be served just prior to the dance and crowning of the Schwinger's. For those heading out of town, please stop by the Swiss Club for a Sunday brunch. It is our way of saying thank you for joining us this week-end.

Good luck to all the Schwingers. Have fun and be safe.

Tony Odermatt
President
San Diego County Swiss Club



Past Presidents of the San Diego County Swiss Club



Paul Aeschlimann



Paul Rollin



John Kastlunger



Julius Hofe, Sr.



Ralph Widmer



Alois Stockalper



Paul Odermatt

Paul Aeschlimann	1939-1940
Paul Rollin	1941
John Kastlunger	1942-1945
Julius Hofer	1946
Paul Aeschlimann	1947
John Kastlunger	1948-1950
Ralph Widmer	1951
John Kastlunger	1952
Alois Stockalper	1953-1958
Paul Odermatt	1959
Alois Stockalper	1960
Joe Zumstein	1961-1964
Paul Odermatt	1965-1966
Franz Neff	1967
Alois Stockalper	1968-1970
Joe Zumstein	1971
James Belknap	1972
George Reber	1972-1974
Max Buchmann	1975-1976
George Reber	1977-1978
Max Wirth	1979-1983
Rudy Kastlunger	1984-1986
Mary Ann Looper	1987-1992
Paul Odermatt	1993-1995
Rudy Kastlunger	1996-1999
Al Hollenstein	2000
David Egger	2001-2008
Tony Odermatt	2009-current



Mary Ann Looper



Al Hollenstein



David Egger



Franz Neff



Joe Zumstein



James Belknap



George Reber



Max Buchmann



Max Wirth



Rudy Kastlunger



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Special thanks to Strong, Veleker & Coleman, LLP
For many years of professional service!



San Diego Swiss Club History



The San Diego County Swiss Club officially formed as a group in 1939. The Club's first president was Paul Aeshliman. Members of the Board of Directors at the time were:

Paul Aeschliman – President
Robert Egger, Sr. – Vice President
Theodore Blatter – Treasurer
Walter Suter – Recording Secretary
Leo Arnold - Corresponding Secretary
John Kastlunger – Director
John Christen – Director

Although they are no longer with us, their spirit lives today. It is in their descendants and the many Swiss who have immigrated to this country who are striving to pass Swiss tradition and heritage to future generations.

The site for the very first Schwingfest, held in 1949 was Egger's Park. In 1953, the club purchased the land that our Park currently sits upon from Robert Egger, Sr. In 1957, pulling resources together the Club built a great hall. At the inauguration, everyone proudly could say, "At last, our own hall!" The beautiful hall, presently used today, was built in 1970, due to the expansion of the freeway. Today, after six decades of club activities, the traditions live on with many thanks and fond memories of our founding fathers.

Swiss Motto:
"Einer Fur Alle und Alle Fur Einer"
"One for all & All For One."



West Coast Swiss Wrestling Association

As President of the San Diego County Swiss Club and the West Coast Swiss Wrestling Association, it is my dual pleasure to welcome you to this annual wrestling event at my home club. As we enter the 53rd year of the West Coast Swiss Wrestling Association, I would like to encourage everyone to keep this tradition an important part of our lives.

At each Swiss Club on the West Coast, it takes many people, and many hours, to make an event such as this happen. I would like to thank the volunteers that donate their time and the members that donate their money, as well as the wrestler's who have the love and dedication for the swiss style wrestling.

The championship rotates between five clubs in the association. In 2010, it will be held on Labor Day week-end, September 4th, at the Aelpler Gruppe Swiss Club in Newark, CA. The championship is the premier schwingen event of the year and draws wrestlers and supporters from all over the west coast. It is a great way to meet old friends and make new ones. Please try to attend – you won't regret it

Best Regards,

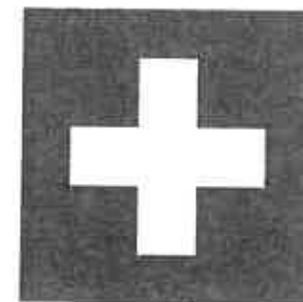
Tony Odermatt
President, West Coast Swiss Wrestling Association



2010 SCHWINGFEST SCHEDULE

JUN 26	SPRING SCHWINGFEST TACOMA WA
JUL 2-4	LPSS SCHWINGFEST FRANCES WA
JUL 17	SIERRA SWISS CLUB SCHWINGFEST, TRUCKEE CA
AUG 7	PORTLAND SCHWINGFEST, PORTLAND, OR
AUG13-15	TACOMA HERBSTSCHWINGFEST, TACOMA WA
AUG 28	SAN JOAQUIN VALLEY SWISS CLUB, RIPON CA
SEP 4	WCSWA CHAMPIONSHIP AND AELPLER GRUPPE FALL SCHWINGFEST, NEWARK CA

*Good luck to the Schwingers!
Wrestle hard, wrestle fair!*



**Best Wishes for a
Successful
61st Annual Schwingfest**

Al & Margarite Hollenstein





Thank you schwingers
and everyone who keep
the Swiss tradition alive.

Congratulations on your
61th Schwingfest!

The Abajians from Napa
Jerald, Margaret
William & Catherine



SAN DIEGO SWISS CLUB HONORARY MEMBERS

There have been those who have made outstanding contributions to the San Diego County Swiss Club. In appreciation, the following individuals are recognized as Honorary Lifetime Members.

Thank you to all of you

Mr. Max Buchmann
Mrs. Hedy Buchmann
Mr. Robert Egger, Jr.
Mrs. Estela Egger
Mr. Walter Egger
Mrs. Marianne Egger
Mr. Rudy Kastlunger
Mr. Alfred Lehmann
Mrs. Thelma Lehmann

Mr. Emil Lehmann
Mr. Paul Odermatt
Mrs. Mary Odermatt
Mr. Paul Pluss
Mrs. Marilyn Pluss
Mr. George Reber
Mrs. Betty Reber
Mrs. Paula Zumstein

DECEASED HONORARY MEMBERS

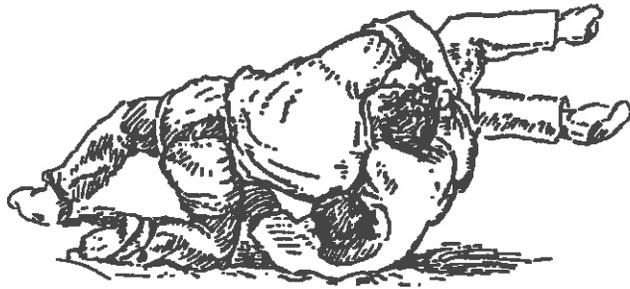
In remembrance and appreciation of past Honorary Members for their dedication to their Swiss Heritage and to the San Diego Swiss Club.

Mr. & Mrs. Paul Aeschlimann
Mr. & Mrs. Theodore Blattler
Mr. & Mrs. Robert Egger, Sr.
Mr. & Mrs. Julius Hofer, Sr.
Mr. & Mrs. Julius Hofer, Jr.
Mr. & Mrs. John Kastlunger, Sr.
Mr. & Mrs. Meinrad Zumstein
Mr. & Mrs. Alois Stockalper
Mr. Walter "Buddy" Mathis
Ms. Mary Ann Looper

Mrs. Ruth Mathis
Mr. Frank Mettauer
Mr. Hans Scoenbachler
Mrs. Rosalie Schwiekert
Mr. Bertha Braum
Mrs. Ricki Groebli
Mrs. Rudolf Heimer
Mr. & Mrs. Walter Suter
Mr. Joseph Zumstein



2009 San Diego Swiss Club
Schwingfest Results



SENIORS

1A	Hubi Pazeller	Switzerland
1B	Frank Kaech	Ripon, CA
2	Martin Beeler	Ripon, CA
3A	Adrian Stump	Switzerland
3B	Zach Schallberger	Lodi, CA
4	Matt Ming	Elk Grove, CA
5	Andrew Betschart	Modesto, CA
6	David Marchy	Ripon, CA
7	Luis Ojeda	San Diego, CA
8	Fabian Arnold	Truckee, CA
9	Mike Barchtold	French Camp, CA
10	Isreal Navarro	San Diego, CA
11	Sam Paris	Chula Vista, CA
12	Dylan Bourdette	San Diego, CA
13	Ben Adams	Ripon, CA
14	Anton Ulrich	Oregon

JUNIORS

1	Logan Schallberger	Stockton, CA
2	Lucas Schallberger	Stockton, CA
3.	Dustin Gwerder	Truckee, CA
4	Zane Schallberger	Stockton, CA
5.	Kekoa Gonsalves	Holtville, CA
6	Albert Ludwig	Imperial Beach, CA

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Best Wishes to the Schwingers!!

Rudi & Patti Stockalper

El & Debbie Hogervorst

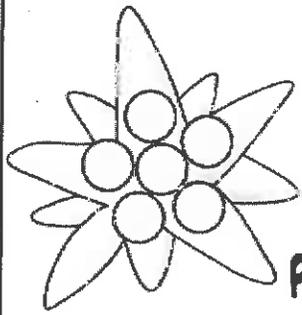


In memory of Alfred A and Magalene M.
Huber

Congratulations to the
San Diego Swiss Club
On your 61st Schwingfest



Alfred, Dorothy
And
Lisa Huber



PAUL & MARILYN PLUSS
MARGARET BOURDETTE
DYLAN, RYAN, CASSIE
PAUL DAVID & DEBBIE PLUSS
TRAVIS, TYLER

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**2009 San Diego Swiss Club
 Schwingfest Results (Con't)**

12 - 15 Years

- | | | |
|----|--------------------|---------------------|
| 1 | Jacob Schallberger | Lodi, CA |
| 2 | Paul Leimbgruber | Imperial Valley, CA |
| 3 | Clint Schallberger | Lodi, CA |
| 4A | Phillip Butterrez | Holtville, CA |
| 4B | Joshua Egger | San Diego, CA |
| 5 | Jordan Egger | San Diego, CA |
| 6 | Ryan Zeller | Coronado, CA |
| 7 | Dennis Bell | Tucson, AZ |

08 - 11 Years

- | | | |
|----|-------------------|--------------------|
| 1 | Trent Hawes | Ripon, CA |
| 2 | Christian Gabriel | San Diego, CA |
| 3A | Bobby Marchy | Ceres, CA |
| 3B | Nic Arnold | Truckee, CA |
| 4 | Ian Schmidig | Truckee, CA |
| 5A | Cole Marchy | Ripon, CA |
| 5B | Colton O'Connell | San Diego, CA |
| 5C | Nicholas Pene | Imperial Beach, CA |
| 5D | Chris Melcher | San Diego, CA |
| 6 | Ian Rassmusson | San Diego, CA |
| 7 | Grant Senn | San Diego, CA |
| 8 | Stefan Rassmusson | San Diego, CA |

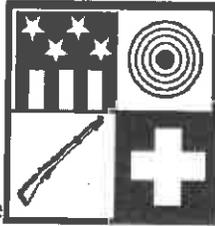
05 - 07 Years

- | | | |
|---|--------------------|-----------------|
| 1 | Anton Ambuehl | Los Angeles, CA |
| 2 | Ryan Melcher | El Cajon, CA |
| 3 | Billy Marchy | Ripon, CA |
| 4 | Ethan Egger | San Diego, CA |
| 5 | Lucas Ambuehl | Los Angeles, CA |
| 6 | Lucas Powell | San Diego, CA |
| 7 | Markus Hirshzunner | San Diego, CA |

The San Diego Swiss Rifle Team

Best Wishes for a successful 61st Schwingfest

The San Diego Swiss Rifle Team was established in 1984 under the Leadership of Walter Niederberger. The Los Angeles Swiss Rifle Team was kind enough to give us three karabiners to get us started. Later we were able to get six more rifles from the Swiss government. Currently the Rifle Team meets the second Saturday. Please contact Ruedi Lusti for more information. 619-295-1749 or email - lustiis@cox.net



Join the Fun at our Booths!

Toss a ring, quench your thirst – Spin the wheel for
Cheese - Shop for Swiss items and the ever popular
LANDJAGERS!

Best Wishes for the 61th Annual Championship Schwingfest

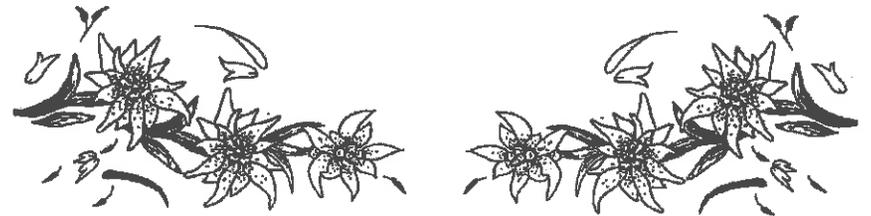
From

Julius and Sandy Hofer

Shawna, Cooper, and Mia Russo

Jason, Alyson, Josiah, Berlyn and Rawlin Bottom

Brian and Jeff Hofer



Best Wishes for Another Successful Schwingfest



In Loving Memory of our Beloved Husband, Father, & Grandpa
Joseph Zumstein
The Wick Family – Bernie, Geri, Joseph, Kelly, Timothy & Doreen
The Zumstein Family – Paula, Joe, Lesina, Louie, Alejandra,
Lil' Louie, Lai, Alexa, Leilua, Paula and Lindsay & Dave Stump

Congratulations

On your
61st Schwingfest



In loving memory of
Ricki Groebli
From the John Groebli Family

Best Wishes for a Successful Schwingfest From the San Diego Swiss Ladies Society

Founded in 1962, the Swiss Ladies continue to meet monthly for friendship and camaraderie. This year, they have experienced great dining along with numerous outings to interesting locations. They visited the Botanical Gardens, USS Midway, Olympic Training Center, Emu Ranch, Bay Cruise to name a few. Their annual Thanksgiving buffet lunch shared with friends from Imperial Valley is always a wonderful feast.

Gatherings are typically on the first Tuesday of the month. Husbands and other gentlemen are always welcome!

Join in the fun!

Marilyn Pluss 619-479-7693 mpluss@cox.net

Mary Odermatt 619-423-8454 meodermatt@aol.com

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*Let us take a
moment and pray
for peace in the world.*



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Louis & Esther Pierotti



Anna Sigrist
Hedy Zuber



Greetings to One and All!

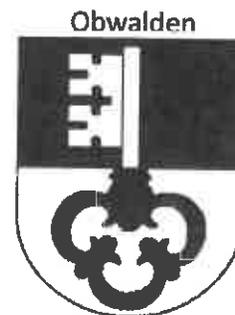
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Glenn & Rory

Jordan, Joshua, Christianne
Theresa, Ethan, Noah
Elijah

John & Simone Sabelle & Colton

Bruce & Crystal Sayla



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Wishing you a successful 61st Schwingfest

Please Join us for our
Buebefest November 6, 2010

90th Annual Championship
Schwingfest in 2011

Swiss Club of Imperial Valley

1585 E. Worthington Rd
Holtville, CA 92250



The History of the Schwingfest

Swiss style wrestling (Schwingen) is one of the oldest known sports. Around A.D. 1300, cow herders in the Alps started the sport. They wore bells around their waists, and handkerchiefs around their knees. There have been Schwingfest (Swiss style wrestling matches) in Switzerland for hundreds of years, testing the strength and agility of the mountain farmers. Winners were determined to be the strongest of the group.

Soon after the first Swiss Style Wrestling instruction book was published in 1864, the Turners (Gymnasts) of the Swiss flat lands began to participate in the sport. These tough and limber wrestlers from the Gymnastic clubs soon became as good as the Senne (Farmers).

Historically Schwingfests are held today in locations such as Napf, Luedern, Rigi and Bruenig

The Schwinger

Today, we can recognize the Senne by their light blue mild shirt and dark grey trousers and the Turners by their dress of all white.

Besides the proper color of dress, a Schwinger (wrestler) needs a pair of short breeches made of heavy canvas call Schwinghosen. The object is to pick up your opponent by his breeches and toss him with a swing onto his back in a sawdust circle.

The high point of every Schwinger's career is to participate in the Federal Schwing Und Alper festival, which is held every three or four years.



The Game

The sport is organized by matching wrestlers according weight and size. Besides strength and agility as Schwinger needs knowledge of as many grips and tosses as possible. Points are added together for re-matching, and to determine the winners.

At the beginning of a match, each Schwinger will grasp his right hand on the belt and his left hand on the cuff of his opponent's shorts. Once the referee has determined that both wrestlers are in proper position, he announces "Gut" or "Wrestle" and the wrestling will begin.

A tournament consists of six matches lasting up to five minutes each. The object is to pin the opponent's shoulder blades to the ground while maintaining a grip on this belt or pants. An instant win with a clean pickup and flat pin scores 10.0 points. The winner of the match traditionally dusts off his opponent's backside, a sign of good sportsmanship.

The tournament winner is the one who has his backside dusted off least often. He is rewarded with a crown of laurel leaves, title of Schwingerkonig (King of the Swiss Schwing) and a kiss from a Kranzmeiteli (Crown Girl).

Terms to Know

Schwingen:

Swiss style wrestling

Schwingfest:

Swiss style wrestling match

Senne:

Farmers from the mountain valleys

Turners:

Gymnast from the flat lands

Schwinghosen:

Short breeches made from canvas

Schwingerkonig:

King of the Swiss Wrestlers

Kranzmeiteli:

Crown Girl

Stein Stossen:

Stone Throwing contest



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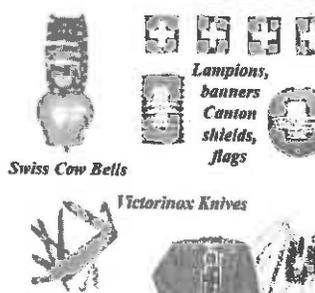
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*Greetings and Best Wishes
On your
61st Schwingfest!*

David and Peggy Egger



Natalie & Marco
River
Jordan, Nathan,
Gregory & Zachary

Join us at our upcoming events!

Swiss Independence Day
August 1, 2010



Best Wishes
for a Successful
61st Schwingfest



Al & Ernestine (Tootsie) Blattler
And Families

In loving memory of our parents

Ted & Ethel Blattler
Louie & Elsie Stockalper



Christmas Party
December 19, 2010

Spring and Fall Fondues - TBA



62nd Annual Schwingfest
June 18 - 19, 2011



In Memory...



Members and friends alike will greatly miss our dear friends who have passed away this year – Buddy Mathis and Mary Ann Looper. We wish to honor their memory and thank them and their families for contributing to the San Diego Swiss Club.



**GOOD LUCK
TO THE
SCHWINGERS!**

As members of the San Diego Swiss Club;
we are proud of where we came,
where we are, and look forward to
the future, and continue to share
with the generations our
traditions of Swiss Heritage!

**PAUL AND MARY ODERMATT
& FAMILY**



Best Wishes for an Enjoyable Schwingfest!



*In Loving Memory of
Ernest H. Klemm, Sr.*

March 21, 1931

April 16, 2009

*The Klemm Family
Sadly missed but never forgotten*

Fred & Margie Burri

Our Best Wishes

For a

*Successful
Schwingfest!*



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- ⊕ Concerts
- ⊕ Dances



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Marlene & Kurt Link, Managers

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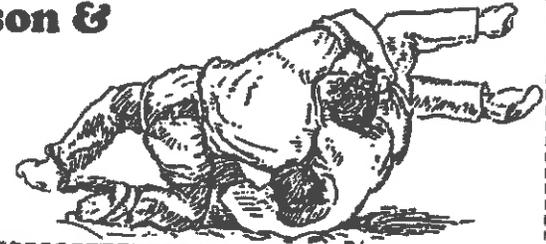
In loving memory of
Buddy & Ruth Mathis

Theresa Mathis and
Cameron Underwood

**Greetings and Best Wishes
To Our Schwingers and Friends**

Steve & Carmela Egger

**Kristen, Jason &
Conchita**



MY FATHER'S PEOPLE

Strong like Oak,
Tender as a flower
Are the Swiss... My Father's People.
In silence they crossed the world
And close within themselves
The Truth of the Earth and the Heavens.
Where they lay their hands
Blossoms mystically bloom,
And herds of cattle
Graze in wonderful contentment
In pastures of harmony.
Tender as a flower... Are my Father's People
Peace is theirs, love is theirs,
Frugal their simple repast
Strong like an oak
Tender as a flower
Are the SWISS... My Father's People.

**BEST WISHES ON A
SUCCESSFUL
61st ANNUAL
SCHWINGFEST**

**TONY AND KAREN
ODERMATT**



**Become a Member of the
San Diego Swiss Club**

The San Diego Swiss Club's Board of Directors hopes to see you at all of our upcoming events. Your active participation helps to preserve the Swiss culture and traditions in our community. When you become a member of the San Diego Swiss Club, you will join a group that is preserving tradition for future generations.

**Individual Annual Membership \$15
Family Annual Membership \$30**

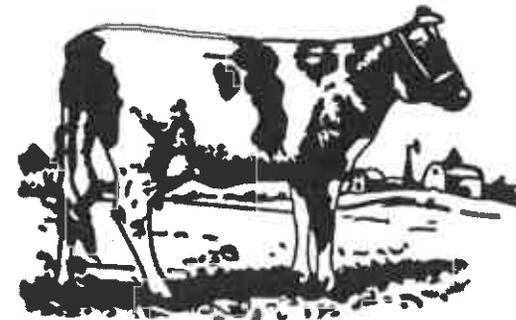
Contact Margot Linback.
Membership Director
San Diego County Swiss Club

Phone: 619-276-5330

E mail: mwlinback@hotmail.com

or mail at:

2122 February Ct, San Diego, CA 92110



SAN DIEGO COUNTY SWISS CLUB 61ST ANNUAL SCHWINGFEST

SCHWINGFEST EXECUTIVE BOARD

PRESIDENT OF THE DAY
GATE
RAFFLE
WRESTLING JUDGE
LUNCH BBQ

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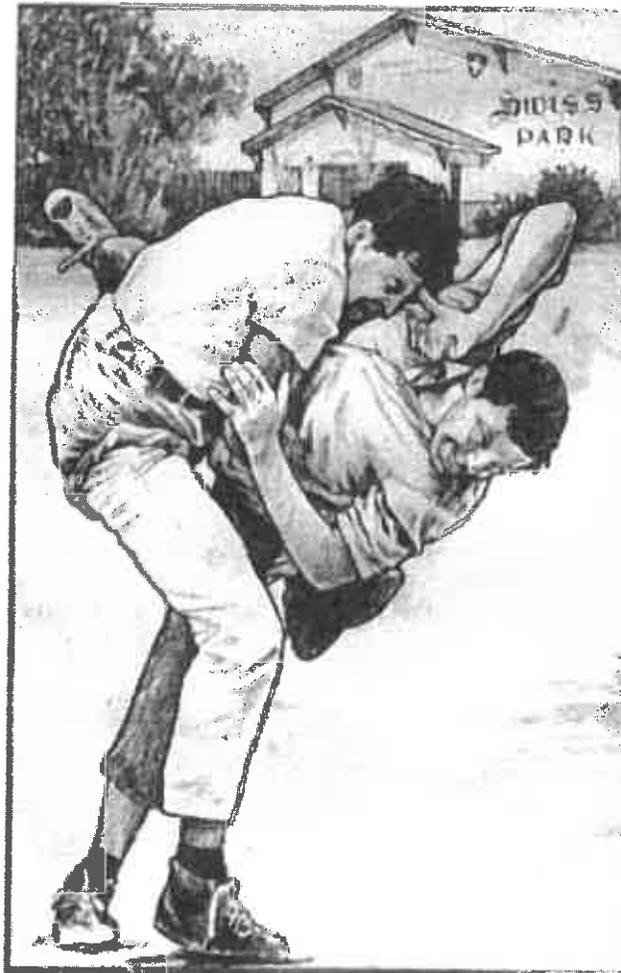
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FRED LEHMANN
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Raffle Grand Prize
Swiss Cow Bell
Donated by
Rick & Kat Odermatt

Konig Schwing
Grand Prize Chair
Donated by
Bob & Estela Egger



SPECIAL THANKS TO OUR DONORS TO THE SCHWINGFEST! BOB EGGER, RUEDE LUSTI, FRED LEHMANN, MARIANNE AND WALTER EGGER, ANNA MARIE SMITH, MARGOT LINBACK, OTTO ROLLIN, PAUL & MARY ODERMATT, CHRISTINE BOSTROM, PAUL & MARILYN PLUSS, MAX & HEDY BUCHMANN, GEORGE & BETTY REBER AND HANS & HELEN SENN

SCHEDULE OF EVENTS

SATURDAY, JUNE 19

10:00 AM	PARK OPENS
10:30 AM	MEETING WITH JUDGES & WRESTLERS
11:00 AM	NATIONAL ANTHEM
	WRESTLING BEGINS
12:30 PM	BBQ LUNCH/DESSERTS
	STEIN STOSSEN AFTER WRESTLING

EVENING EVENTS

5:30 PM	HALL OPENS
6:00 PM	SOUP AND SALAD BAR
6:30 PM	DINNER SERVED
8:00 PM	BAND PLAYS
9:00 PM	SCHWINGERS AWARDS
	RAFFLE AND DANCING
1:00 AM	HALL CLOSES

SUNDAY, JUNE 20

9:00 AM	SUNDAY BRUNCH
	PREPARED BY MARLENE LINK
OUT OF TOWN GUESTS FREE - ALL OTHERS \$8	

THANK YOU TO ALL THE VOLUNTEERS WHO HAVE SO GENEROUSLY GIVEN TIME SETTING UP THE BOOTHS, SELLING RAFFLE TICKETS, AND WORKING IN THE BOOTHS.

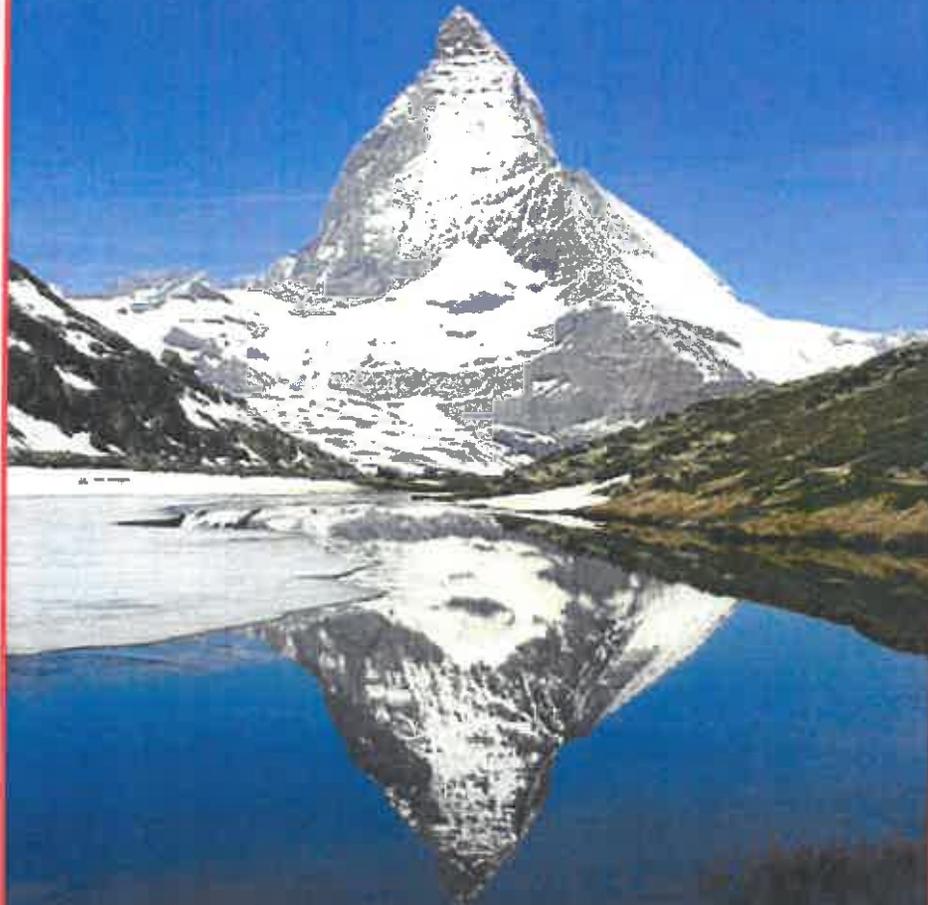
THANK YOU TO RUEDE LUSTI FOR PURCHASING ALL THE CHEESE AND WINE, AND CINDY (EGGER) MUHLEMANN FOR SENDING BELLS, CHAIRS, AND MORE FROM SWITZERLAND.

WITHOUT ALL THE TIME AND HELP FROM THESE VOLUNTEERS WE WOULD NOT HAVE THIS FUN FILLED RELAXING DAY AT THE SCHWINGFEST.

THANK YOU VOLUNTEERS!

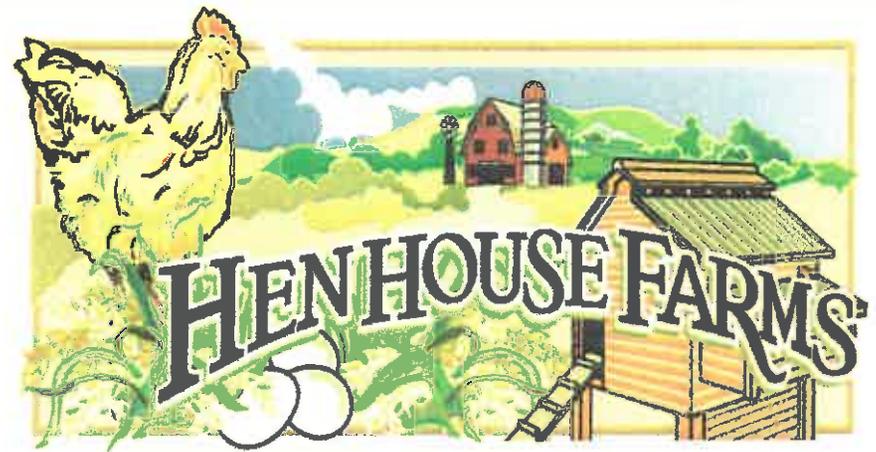
Compliments!
Best Wishes!

Much Success on your
61st Schwingfest!!



Max & Hedy Buchmann
& Family

Thanks to ALL the Wrestlers!



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SINCE 1961

Max A. Buchmann
President

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