



SAN DIEGO
COUNTY
SWISS CLUB
63rd ANNUAL
SCHWINGFEST
June 16, 2012





**Congratulations on your 63rd
Schwingfest!
Max & Hedy Buchmann**

Debbie Morris,
Steve Egger,
Alfred Lehmann,
Margot Linback,
Karen Odermatt,
Tony Odermatt
and Ruedi Lusti
(missing Daniele
Vanetti)



The Board would like to welcome you to the 63rd Annual Schwingfest. It is an exciting time here at the San Diego County Swiss Club. Many things have changed but the enthusiasm and traditions for Schwingen remain constant. We are so glad to have you here with us today.

We would like to take this opportunity to thank Marlene and Kurt Link for their years of service. We have truly enjoyed their devotion to the park. We would like to welcome our new managers, the Escobedo Family – Tony, his wife Callie, his brother Larry and Dan O’Hanlon. They have brought many changes and we are glad to have them as part of the SD County Swiss Club.

This is also a great opportunity to acknowledge, and thank, Kat Odermatt who served as treasurer of the club from 2001 through 2011. Many thanks to Kat for a job well done.

Again, welcome and enjoy a wonderful day of Schwingen at the San Diego County Swiss Park.

**A Message from the President
of the West Coast
Swiss Wrestling Association**

Tony Odermatt



As President of the San Diego County Swiss Club and the West Coast Swiss Wrestling Association, it is my dual pleasure to welcome you to this annual wrestling event at my home club. As we enter the 55th year of the West Coast Swiss Wrestling Association, I would like to encourage everyone to keep this tradition an important part of our lives.

At each Swiss Club on the West Coast, it takes many people, and many hours, to make an event such as this happen. I would like to thank the volunteers that donate their time and the members that donate their money, as well as the wrestlers who have the love and dedication for the Swiss style wrestling.

The championship rotates between five clubs in the Association. In 2012, it will be held on September 1st in Ripon, CA. The championship is the premier schwingen event of the year and draws wrestlers and supporters from all over the West Coast. It is a great way to meet old friends and make new ones. Please try to attend – you won't regret it.

San Diego Swiss Club History

The San Diego County Swiss club officially formed as a group in 1939. The Club's first president was Paul Aeshliman. Members of the Board of Directors at the time were:

Paul Aeschliman - President
Robert Egger, Sr. - Vice President
Theodore Blatter - Treasurer
Walter Suter - Recording Secretary
Leo Arnold - Corresponding Secretary
John Kastlunger - Director
John Christen - Director



Although they are no longer with us, their spirit lives today. It is in their descendants and the many Swiss who have immigrated to this country who are striving to pass Swiss tradition and heritage to future generations.

The site for the very first Schwingfest, held in 1949 was Egger's Park. In 1953, the club purchased the land that our Park currently sits upon from Robert Egger, Sr. In 1957, pulling resources together the Club built a great hall. At the inauguration, everyone proudly could say, "At last, our own hall!" The beautiful hall, presently used today, was built in 1970, due to the expansion of the freeway. Today, after six decades of club activities, the traditions live on with many thanks and fond memories of our founding fathers.

Swiss Motto:

"Einer Fur Alle und Alle Fur Einer"

"One for all & All For One"



55 YEARS HAPPILY
MARRIED

55 SCHWINGFESTS
ATTENDED

STILL MARRIED!

STILL ATTENDING!

Have a great day!
George and Betty Reber
and Family



Past Presidents of the San Diego County Swiss Club



Paul Aeschlimann



Paul Rollin



John Kastlunger



Julius Hofe, Sr



Ralph Widmer



Alois Stockalper



Paul Odermatt

Paul Aeschlimann	1939-1940
Paul Rollin	1941
John Kastlunger	1942-1945
Julius Hofer	1946
Paul Aeschlimann	1947
John Kastlunger	1948-1950
Ralph Widmer	1951
John Kastlunger	1952
Alois Stockalper	1953-1958
Paul Odermatt	1959
Alois Stockalper	1960
Joe Zumstein	1961-1964
Paul Odermatt	1965-1966
Franz Neff	1967
Alois Stockalper	1968-1970
Joe Zumstein	1971
James Belknap	1972
George Reber	1972-1974
Max Buchmann	1975-1976
George Reber	1977-1978
Max Wirth	1979-1983
Rudy Kastlunger	1984-1986
Mary Ann Looper	1987-1992
Paul Odermatt	1993-1995
Rudy Kastlunger	1996-1999
Al Hollenstein	2000
David Egger	2001-2008
Tony Odermatt	2009-current



Franz Neff



Joe Zumstein



James Helknap



George Reber



Max Buchmann



Max Wirth



Mary Ann Looper



Al Hollenstein



David Egger



Rudy Kastlunger

The History of the Schwingfest

Swiss style wrestling (Schwingen) is one of the oldest known sports. Around A.D. 1300, cow herders in the Alps started the sport. They wore bells around their waists, and handkerchiefs around their knees. There have been Schwingfest (Swiss style wrestling matches) in Switzerland for hundreds of years, testing the strength and agility of the mountain farmers. Winners were determined to be the strongest of the group.

Soon after the first Swiss Style Wrestling instruction book was published in 1864, the Turners (Gymnasts) of the Swiss flat lands began to participate in the sport. These tough and limber wrestlers from the Gymnastic clubs soon became as good as the Senne (Farmers).

Historically Schwingfests are held today in locations such as Napf, Luedern, Rigi and Bruenig

The Schwinger

Today, we can recognize the Senne by their light blue mild shirt and dark grey trousers and the Turners by their dress of all white.

Besides the proper color of dress, a Schwinger (wrestler) needs a pair of short breeches made of heavy canvas call Schwinghosen. The object is to pick up your opponent by his breeches and toss him with a swing onto his back in a sawdust circle.

The high point of every Schwinger's career is to participate in the Federal Schwing Und Alper festival, which is held every three or four years.



The Game

The sport is organized by matching wrestlers according to weight and size. Besides strength and agility as Schwingen needs knowledge of as many grips and tosses as possible. Points are added together for re-matching, and to determine the winners.

At the beginning of a match, each Schwingen will grasp his right hand on the belt and his left hand on the cuff of his opponent's shorts. Once the referee has determined that both wrestlers are in proper position, he announces "Gut" or "Wrestle" and the wrestling will begin.

A tournament consists of six matches lasting up to five minutes each. The object is to pin the opponent's shoulder blades to the ground while maintaining a grip on this belt or pants. An instant win with a clean pickup and flat pin scores 10.0 points. The winner of the match traditionally dusts off his opponent's backside, a sign of good sportsmanship.

The tournament winner is the one who has his backside dusted off least often. He is rewarded with a crown of laurel leaves, title of Schwingerkonig (King of the Swiss Schwing) and a kiss from a Kranzmeiteli (Crown Girl).

Terms to Know

Schwingen:

Swiss style wrestling

Schwingfest:

Swiss style wrestling match

Senne:

Farmers from the mountain valleys

Turners:

Gymnast from the flat lands

Schwinghosen:

Short breeches made from canvas

Schwingerkonig:

King of the Swiss Wrestlers

Kranzmeiteli:

Crown Girl

Stein Stossen:

Stone Throwing contest

2011 San Diego County Swiss Club Schwingfest Results

Seniors

1	Matt Ming	Elk Grove
2	Morgan Lujan	Elk Grove
3	Luis Ojeda	San Diego
4	Taylor Dutcher	San Diego
5a	Steven Widmer	Ripon
5b	Paul Leimgruber	Holtville
6	Mike Bertchtold	Ripon
7a	Judge Acosta	Ripon
7b	Eddie Bajet	Chula Vista
8	Raymond Widmer	Ripon
9	David Marchy	Ripon
10A	Anton Ulrich	Corvallis
10B	Rogelio Garcia	San Diego
11	Samuel Paris	Chula Vista
Unfall	Israel Navarro	San Diego

Juniors

1	Juan Juarez	San Diego
2	Rogelio Garcia	San Diego
3	Ryan Zeller	Alpine

10-13 Years

1	Jacob Merten	Holtville
2	Teddy Vogel	Imperial
3	Anthony Hofer	Holtville
4	David Hurtado	
5	Daniel Ludwig	Bakersfield

2011 San Diego County Swiss Club Schwingfest Results *(cont.)*

7-9 Years

1	Derek Johnston	Brawley
2	Austin Vogel	Imperial
3	Donovan Johnston	Holtville
4	Collin Leeman	San Diego
5	Mark Ludwig	Bakersfield
6	Ethan Egger	Escondido



Need some wrestling practice? All ages welcome.
Come join us. The four Saturdays prior to the Schwingfest.
Call Tony Odermatt at (619) 507-9754 for more information.

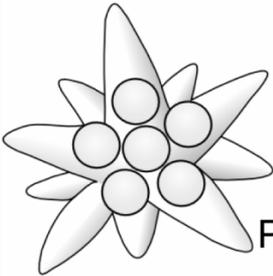
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*Let us take a
moment and pray
for peace in the world.*

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*Greetings to
One and All!*

Walter and Marianne Egger

Glenn & Rory

Jordan, Joshua, Christianne
Theresa, Ethan, Noah
Elijah

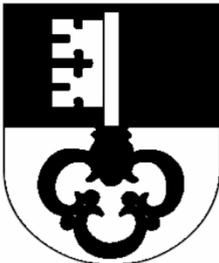
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Best Wishes for a Successful Schwingfest From the San Diego Swiss Ladies Society

Founded in 1962, the Swiss Ladies continue to meet monthly for friendship and camaraderie. This year, they have experienced great dining along with numerous outings to interesting locations. They visited the Barona Casino, Iris Restaurant, D'Carlos in Ramona, Peohe's in Coronado, Chula Vista Nature Preserve among others. Their annual Thanksgiving buffet lunch shared with friends from Imperial Valley is always a wonderful feast.

Gatherings are typically on the first Tuesday of the month.
Husbands and other gentlemen are always welcome!

Join in the fun!

Marilyn Pluss 619-479-7693 mpluss@cox.net

Mary Odermatt 619-423-8454 meodermatt@aol.com



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Remember When?



From Left to Right: L. Leu, R. Heimers, J. Hofer
Cooking: J. Christen, Blanche Aeschlimann, Berta Sutter



SAN DIEGO COUNTY SWISS CLUB

SCHWINGFEST EXECUTIVE BOARD

PRESIDENT OF THE DAY	ERNIE LUDWIG
GATE	CARMELA EGGER
RAFFLE TICKETS	CONCHITA EGGER
LUNCH BBQ	STEVE EGGER
	OTTO ROLLIN
	RUDY KASTLUNGER
VOLUNTEER COORDINATOR	DEBBIE MORRIS
PROGRAM BOOKLET	MARILYN PLUSS

2012 OFFICERS AND DIRECTORS

PRESIDENT	TONY ODERMATT
VICE PRESIDENT	DANIELE VANETTI
TREASURER	KAREN ODERMATT
RECORDING SECRETARY	TINA DUENEZ
MEMBERSHIP SECRETARY	MARGOT LINBACK
DIRECTOR/CUSTODIAN	DEBBIE MORRIS
DIRECTOR	RUEDI LUSTI
DIRECTOR	FRED LEHMANN
DIRECTOR	STEVE EGGER

Thank you to all of the volunteers who have given their valuable time and talent setting up and working in the booths, and selling raffle tickets.

Special thanks to Christine Bostrom, with the help of Mary Odermatt and Peggy Egger, for the donation of the beautiful, handmade quilt.

Without our wonderful volunteers, we would not have been able to have this fun-filled relaxing day at the Schwingfest.

UB 63rd ANNUAL SCHWINGFEST

SCHEDULE OF EVENTS

SATURDAY, JUNE 16, 2012

10:00 AM	PARK OPENS
10:30 AM	MEETING WITH JUDGES AND WRESTLERS
11:00 AM	NATIONAL ANTHEM
	WRESTLING BEGINS
	GAME and SOUVENIR BOOTHS, JUMP FOR JOY
12:30 PM	BBQ LUNCH
	STEIN STOSSEN AFTER WRESTLING

EVENING EVENTS

5:30 PM	HALL OPENS
6:00 PM	DINNER – Soup & Salad, Prime Rib, Red Potatoes, Vegetable Medley, Rolls & Dessert
After dinner	RAFFLE
8:00 PM	DANCING – Mal Jaeger & the Edelweiss Band
9:00 PM	SCHWINGERS AWARDS MORE DANCING
11:00 PM	HALL CLOSES

Konig Schwing

Grand Prize Chair

Donated by

Bob & Estela Egger

Walter & Marianne Egger

Paul & Mary Odermatt



"Best Wishes on a successful Schwingfest.
Many thanks to the Schwingers for a great day!"
George Rodgers & Anne Odermatt



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Anne Odermatt, Owner, Fallbrook CA 760-723-7605

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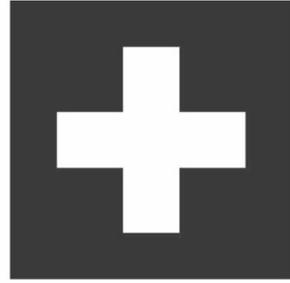


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**Best Wishes for a
Successful
63rd Annual Schwingfest**

Al & Margarite Hollenstein



Best Wishes for a successful 63rd Schwingfest!

The San Diego Swiss Rifle Team was established in 1984 under the Leadership of Walter Niederberger. The Los Angeles Swiss Rifle Team was kind enough to give us three karabiners to get us started. Later we were able to get six more rifles from the Swiss government. Currently the Rifle Team meets the second Saturday. Please contact Ruedi Lusti for more information. 619-295-1749 or email – lustiis@cox.net



Join the Fun at our Booths!

Toss a ring, quench your thirst – Spin the wheel for
Cheese - Shop for Swiss items and the ever popular
LANDJAGERS!

2012 Schwingfest Supporters

Margaret Baumann
Alfred & Thelma Lehmann
Walter & Margot Linback
Chris & Michele Linback
Ruedi Lusti
Gerda Mares
Cindy Muhlemann
John & Simone O'Connell
Louis & Esther Pierotti
Otto Rollin Jr.
Pat Schwenke
Anna Sigrist
Willy Welter
Hedy Zuber

2012 Schwingfest Schedule

July 7	Schwingfest	Frances, WA
July 21	Schwingfest	Truckee, CA
July 28	Schwingfest	Ripon, CA
August 4	Schwingfest	Portland, OR
August 11	Schwingfest	Tacoma, WA
August 25	Schwingfest	Newark, CA
Sept 1	Championship	Ripon, CA



**Wishing you a successful
63rd Schwingfest**

**Join us to celebrate our 92nd Annual
Schwingfest on April 6th, 2013**

**Swiss Club of Imperial Valley
1585 E. Worthington Rd
Holtville, CA 92250**



**Best Wishes for the 63rd
Annual Schwingfest**

Julius and Sandy Hofer

Shawna, Cooper, and Mia Russo
Jason, Alyson, Josiah,
Berlyn and Rawlin Bottom
Brian and Jeff Hofer



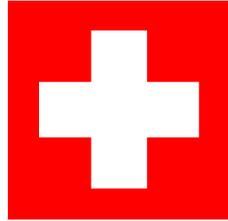
**GOOD LUCK TO THE
SCHWINGERS ON THE 63rd
ANNUAL SCHWINGFEST!**

**Paul and Mary Odermatt
& Family**



JOIN US AT OUR UPCOMING EVENTS

Swiss Independence Day
August 1, 2012



Fall Fondue
October 14, 2012

General Meeting
December 2, 2012



Christmas Party
Dec 16, 2012

64th Annual Schwingfest
June 22, 2013



**BEST WISHES ON A
SUCCESSFUL AND SAFE
63rd ANNUAL SCHWINGFEST!**



TONY and KAREN ODERMATT



**Margaret Abajian, Christine Bostrom, Desiree Weyls,
Anne Odermatt and Mary Odermatt**



**A Special thank you to our judges.
They are a valued part of our day**



Greetings and Best Wishes To our Schwingers and Friends

**Steve & Carmela Egger
Kristen, Jason & Conchita**



Al Hollenstein and Steve Egger

SAN DIEGO SWISS CLUB HONORARY MEMBERS

There have been those who have made outstanding contributions to the San Diego County Swiss Club. In appreciation, the following individuals are recognized as Honorary Lifetime Members.

Thank you to all of you

Mr. Max Buchmann
Mrs. Hedy Buchmann
Mr. Robert Egger, Jr.
Mrs. Estela Egger
Mr. Walter Egger
Mrs. Marianne Egger
Mr. Rudy Kastlunger
Mr. Alfred Lehmann
Mrs. Thelma Lehmann

Mr. Emil Lehmann
Mr. Paul Odermatt
Mrs. Mary Odermatt
Mr. Paul Pluss
Mrs. Marilyn Pluss
Mr. George Reber
Mrs. Betty Reber
Mrs. Paula Zumstein
Mr. Otto Rollin, Jr.

DECEASED HONORARY MEMBERS

In remembrance and appreciation of past Honorary Members for their dedication to their Swiss Heritage and to the San Diego Swiss Club.

Mr. & Mrs. Paul Aeschlimann
Mr. & Mrs. Theodore Blattler
Mr. & Mrs. Robert Egger, Sr.
Mr. & Mrs. Julius Hofer, Sr.
Mr. & Mrs. Julius Hofer, Jr.
Mr. & Mrs. John Kastlunger, Sr.
Mr. & Mrs. Meinrad Zumstein
Mr. & Mrs. Alois Stockalper
Mr. Walter "Buddy" Mathis

Mrs. Ruth Mathis
Mr. Frank Mettauer
Mr. Hans Scoenbachler
Mrs. Rosalie Schwiekert
Mr. Bertha Braum
Mrs. Ricki Groebli
Mrs. Rudolf Heimer
Mr. & Mrs. Walter Suter
Mr. Joseph Zumstein

Ms. Mary Ann Looper

Good Luck Schwingers!

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Best Wishes to the Schwingers!!

Rudi & Patti Stockalper

Elb & Debbie Hogervorst





Become a Member of the San Diego Swiss Club

The San Diego Swiss Club's Board of Directors hopes to see you at all of our upcoming events. Your active participation helps to preserve the Swiss culture and traditions in our community. When you become a member of the San Diego Swiss Club you will join a group that is preserving tradition for future generations.

Individual Annual Membership \$15

Family Annual Membership \$30

Contact Margot Linback or by mail

Membership Director

619-276-5330

mwlinback@hotmail.com

San Diego, CA 92110

San Diego Swiss Club

c/o Margot Linback

2122 February Ct



Make the Swiss Park the Location for your next Event!

Our indoor multi-purpose auditorium holds 350 people and is the perfect setting for:

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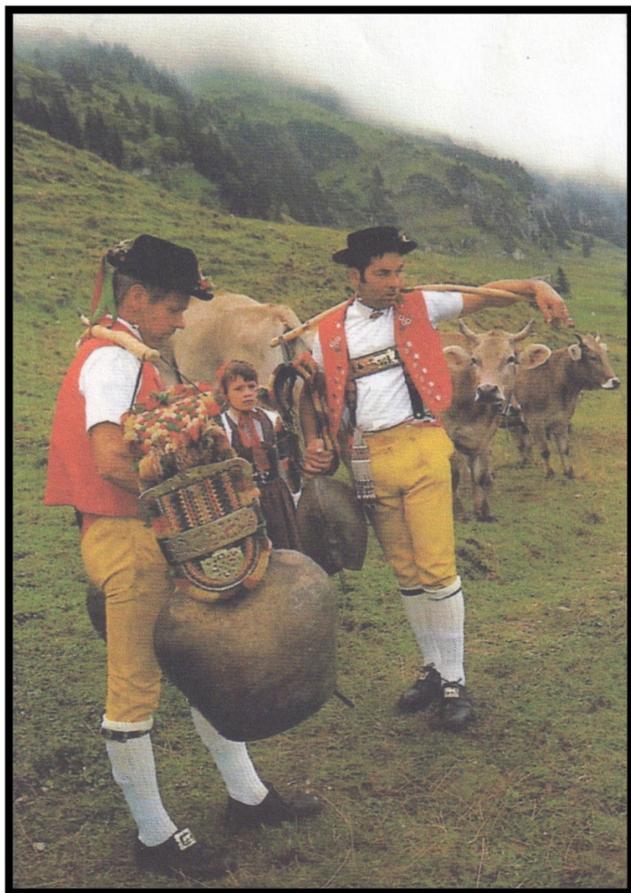
San Diego County Swiss Park

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swissclubevents@gmail.com

Best Wishes for a Successful Schwingfest!



The Klemm's

*Mancie Klemm
Ernie Jr. - Kris - Ely - Karlee
Rob & La Don - Brandon - Kyle
Heidi - Mike - Jordan*

San Diego County Swiss Club



**CONGRATULATIONS ON THE
63rd ANNUAL SCHWINGFEST**

BOB and ESTELA EGGER